



APRIL 2018 EARTH MONTH ACTIONS

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Saving Sunday	Meat Monday	Turn-off Tuesday	Water Wednesday	Energy Thursday	Ridin' Friday	Recycle Saturday
1 Save produce, bags to pick up pet waste.	2 Check the "Seafood Watch" List to avoid unsustainable seafood.	3 When waiting at the curb, turn off your car's engine.	4 Convert your lawn to a drought-tolerant garden	5 Clean the lint filter before or after every dryer load.	6 Carpool with a coworker to work.	7 Recycle five items by the end of the day.
8 Save extra food for later.	9 Avoid eating meat all day.	10 Turn off lights when you leave the room.	11 Limit your shower to five minutes.	12 Replace light bulbs with LED lights.	13 Ride your bike or walk to local destinations.	14 Only use recycled paper.
15 Start a compost pile with excess food waste.	16 Eat at least one meal of leftovers.	17 Set your computer monitor to switch off when not in use.	18 Turn off the water while brushing your teeth.	19 Aim to air dry clothes instead of putting them in the dryer.	20 Combine errands so you are driving less.	21 Carry and use reusable shopping bags.
22 Donate clothes to secondhand stores.	23 Avoid eating beef and pork for the day.	24 Turn off the TV when not in use.	25 Run the dishwasher only when it is full.	26 Double side all of your print jobs.	27 Commit to an electric vehicle when buying your next car.	28 Avoid any single use plastic, such as straws.
29 Carry a reusable water bottle.	30 Plant a food garden in your neighborhood.					