

REC CAMP

SAMPLE SCHEDULE

The daily schedule may change from time to time, based on the activities for the day.
Here is a sample of a park day with no off site activities.

7:15am to 8:30am	Sign in & inside activities.
8:30am to 9am	Snack time provided by REC
9am to 9:45am	Outside time: Morning stretches and small group activities
9:45am to 10:15am	Supervised outside child directed play
10:15am to 11am	Art and Crafts
11am to 11:15am	Water/bathroom break and campers apply sunscreen
11:15am to 12pm	Outside time: Big group activities
12pm to 12:30pm	Lunch
12:30pm to 1pm	Supervised outside child directed play
1pm to 1:15pm	Water/bathroom break and campers apply sunscreen
1:15pm to 3pm	Outside time: Big group activities
3pm to 3:15pm	Water/bathroom break and campers apply sunscreen
3:15pm to 4pm	Arts and Crafts
4pm to 4:20pm	Water/bathroom break and campers apply sunscreen
4:20pm to 5pm	Outside time: Big group activities
5pm to 5:30pm	Water/bathroom break
5:30pm to 6pm	Clean up, sign out and outside supervised child directed play

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