



# SEPTEMBER 2019 ACTIVITIES CALENDAR



**\*NOTE: PROGRAMS ARE SUBJECT TO CHANGE.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>WEEKLY ONGOING PROGRAMS</b>	8:30am-9:30am ABC (JCC) 9:00am-Noon Pickle Ball (MHP) 9:30am OASIS Discussion Group (JCC) 10:00am-12:30pm Ping Pong (SH)	9:00am-Noon Pickle Ball (MHP) 9:00am-10:30am Color Your World (JCC) 10:00am-12:30pm Ping Pong (SH) 10:00am-11:00am Horseshoes (JCC) 10:30am-11:30am Mindfulness (JCC) 11:30am Lunch Bunch (JCC) 3:30-4:30m Blankets of Love South Bay(JCC)	9:00am-10:00am ABC (JCC) 10:00am-12:30pm Ping Pong (SH) 10:15am-11:45am Woman to Woman (JCC) Noon Craft Club (JCC) 1:00pm Mah Jong (JCC) 3:00pm-4:00pm ABC (JCC) 5:00pm Night Out On The Town/(Res Req.)	9:00am-Noon Pickle Ball (MHP) 10:00am Chess Group (JCC) 10:30am-12:30pm Renewal through Art (JCC) 10:30am-11am Dog Therapy (JCC) 11:30am Lunch Bunch 2.0 (JCC) 1:00pm-2:00pm Petanque (LOF) 1:00pm-2:00pm By Heart (JCC) 1:30pm Scrabble (JCC)	9:00am-10:00am Sun Style Tai Chi (JCC) 9:30am-1:30pm Bridge (JCC) 10:00am-12:30 Ping Pong (SH) 11:30am-2:30pm Manhattan Heights Club Bingo (MHP) 1:30pm-3:30pm OASIS Movie Club (JCC) 4:00pm-5:00pm Tea & Tai Chi (JCC)	10:00am-4:00pm OASIS Weekend Activities Open	10:00am-4:00pm OASIS Weekend Activities Open
<b>SPECIAL PROGRAMS</b>							1
	2 <b>LABOR DAY OASIS OPEN ONLY</b>	3 8am Mini Bus Trip Reservations Start(JCC) 12:00pm-1:30pm Karaoke (JCC) 1:30pm-3:30pm Stage Time (JCC) 6:30pm Caregiver Support Group (JCC)	4 1:30pm-3:30pm Powerful Tools For Caregivers (Res. Req.)(JCC)	5 10am-Noon Basic iPhone Class (JCC) 2:00pm-3:00pm Salt Fat Acid Heat (Netflix Series) (JCC)	6 10:00am-11:30am Senior Resource Committee (MHP)	7 10:00am HawaiianExpressions (JCC) 10am-Noon Coffee, Technology & You (JCC) 10:00am-NOON DOCTALK Walt The Man Behind The Myth (JCC)	8 1:00pm-3:30pm Prime Time Classics Apollo 13 (JCC)
	9 1:00pm-3:00pm "Acting Out Again" (JCC) 1:30pm-3:30pm Powerful Tools for Caregivers (Res. Req.)(JCC) 2:30pm-5:30pm El Camino Travel Series Global Degree How to Visit Every Country on Earth (Res.Req.)(JCC)	10 1:00pm-2:30pm Senior Advisory Committee (JCC) 1:30pm-3:30pm Poetry Circle (JCC)	11 10:30am-5:30am La County Fair Mini Bus Trip (Res.Req.)(JCC) 1:30pm-3:30pm Powerful Tools For Caregivers (Res. Req.)(JCC)	12 10am-Noon Basic iPad Class (JCC) 11:45am-5:30pm La Opera Dress Rehearsal/ La Boheme (Res.Req.)(JCC) 2:00pm-3:00pm Salt Fat Acid Heat (Netflix Series) (JCC)	13 11:30am Manhattan Heights Club Business Mtg., & Luncheon/Free to Members, Non-Members \$5 (MHP)	14	15
	16 10:00am MB Senior Club White Elephant Sale & Bingo (JCC) 1:30pm-3:30pm Powerful Tools for Caregivers (Res. Req.)(JCC)	17	18 9:45am-2:30pm Long Beach Harbor Cruise/ Cindy's Mini Bus Trip (Res.Req.)(JCC) 1:30pm Movies to Enlighten (JCC) 1:30pm-3:30pm Powerful Tools For Caregivers (Res. Req.)(JCC)	19 9:00am-2:30pm Will Rogers House Mini Bus Trip (Res. Req.)(JCC) 10am-Noon Advanced iPhone Class (JCC) 2:00pm-3:00pm Salt Fat Acid Heat (Netflix Series) (JCC)	20	21 10:00am Hawaiian Expressions (JCC) 10am-Noon Coffee, Technology & You (JCC)	22 1:30pm-3:30pm Encore Movie Tolkien (JCC)
	23 1:00pm-3:00pm "Acting Out Again" (JCC) 1:30pm-3:30pm Powerful Tools for Caregivers (Res. Req.)(JCC) 2:30pm-5:30pm El Camino Travel Series Portugal & Spain (Res.Req.)(JCC)	24 1:30pm-3:30pm Poetry Circle (JCC) 7:00pm-8:30pm Community Interactive MB Badminton Club (MBL)	25 10:00am-Noon Nature Meditation Mini Bus Trip (Res. Req.)(JCC) 1:30pm-3:30pm Powerful Tools For Caregivers (Res. Req.)(JCC)	26 10am-Noon Advanced iPad Class (JCC) 11:30am Dine & Discover (JCC) 2:00pm-3:00pm Salt Fat Acid Heat (Netflix Series) (JCC) 5:30pm-7:30pm Your Book Club (JCC)	27 10:00am-11:00am E-Sewing (Res.Req.)(JCC) 10am-11:30am Jewelry Class Workshop/ Reservations (310) 802-5430 (JCC)	28	29

**JCC**  
Joslyn Community Center  
1601 N Valley Drive. MB

**MBL**  
Manhattan Beach Library  
1320 Highland Avenue



**Dial Ride**  
Need a ride? Call Dial-A-Ride  
(310) 545-3500.

**JCC**  
Joslyn Community Center  
1601 N Valley Drive. MB

**MH**  
Manhattan Heights Park  
1600 Manhattan Beach Blvd.

**MBL**  
Manhattan Beach Library  
1320 Highland Avenue. MB

**FVD**  
Soccer Field Off Village Drive.  
Park Place.MB

**LOF/DF**  
Live Oak Field/Dorsey Field  
1601 N Valley Drive. MB