



OCTOBER 2019 ACTIVITIES CALENDAR



***NOTE: PROGRAMS ARE SUBJECT TO CHANGE.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WEEKLY ONGOING PROGRAMS	8:30am-9:30am ABC (JCC) 9:00am-Noon Pickle Ball (MHP) 9:30am OASIS Discussion Group (JCC) 10:00am-12:30pm Ping Pong (SH)	9:00am-Noon Pickle Ball (MHP) 9:00am-10:30am Color Your World (JCC) 10:00am-12:30pm Ping Pong (SH) 10:00am-11:00am Horseshoes (JCC) 10:30am-11:30am Mindfulness (JCC) 11:30am Lunch Bunch (JCC) 3:30-4:30pm Blankets of Love South Bay (JCC)	9:00am-10:00am ABC (JCC) 10:00am-12:30pm Ping Pong (SH) 10:15am-11:45am Woman to Woman (JCC) Noon Craft Club (JCC) 1:00pm Mah Jong (JCC) 1:30pm Shuffleboard (Off For Now) 3:00pm-4:00pm ABC (JCC) 5:00pm Night Out On The Town (Res Req.)	9:00am-Noon Pickle Ball (MHP) 10:00am Chess Group (JCC) 10:30am-12:30pm Renewal through Art (JCC) 10:30am-11am Dog Therapy (JCC) 11:30am Lunch Bunch 2.0 (JCC) 1:00pm-2:00pm Petanque (LOF) 1:00pm-2:00pm By Heart (JCC) 1:30pm Scrabble (JCC)	9:00am-10:00am Sun Style Tai Chi (JCC) 9:30am-1:30pm Bridge (JCC) 10:00am-12:30pm Ping Pong (SH) 11:30am-2:30pm Manhattan Heights Club Bingo (MHP) 1:30pm-3:30pm OASIS Movie Club (JCC) 4:00pm-5:00pm Tea & Tai Chi (JCC)	10:00am-4:00pm OASIS Weekend Activities Open	10:00am-4:00pm OASIS Weekend Activities Open
SPECIAL PROGRAMS		1 8am Mini Bus Trip Reservations Start & Halloween Party Tickets Go On Sale (JCC) 12:00pm-1:30pm Karaoke (JCC) 1:30pm-3:30pm Stage Time (JCC) 6:30pm Caregiver Support Group (JCC)	2 1:30pm-3:30pm Powerful Tools For Caregivers (Res. Req.)(JCC)	3 10am-Noon Basic iPhone Class (JCC)	4 10:00am-11:30am Senior Resource Committee (MHP) ALL ACTIVITIES CANCELLED AT JCC DUE TO HOMETOWN FAIR	5 ALL ACTIVITIES CANCELLED AT JCC DUE TO HOMETOWN FAIR	6 ALL ACTIVITIES CANCELLED AT JCC DUE TO HOMETOWN FAIR
	7 10:00am-1:00pm HICAP (App. Only) 10:00am-12:30pm Ping Pong (Cancelled) 10:30am MB Senior Club Business Meeting, White Elephant Sale & Bingo (JCC) (Cancelled) 2:30pm-5:30pm El Camino Travel Series: Iran Behind The Scenes (Res. Req.)(JCC)	8 1:00pm-2:30pm Senior Advisory Committee (JCC) 1:30pm-3:30pm Poetry Circle (JCC)	9 10:00am-11:30am Nature Meditation-Botanical Garden Polliwog Park (JCC)	10 11:30am Dine & Discover (JCC) 2:00pm-4:00pm Last Tango In Halifax (JCC)	11 11:30am Manhattan Heights Club Business Mtg., & Luncheon/Free to Members, Non-Members \$5 (Cancelled)	12	13 1:30pm-3:30pm Prime Time Classics A Night At The Opera (JCC)
	14 1:00pm-3:00pm "Acting Out Again" (JCC) 1:30pm-3:30pm Improv for Caregivers (Res. Req.) (JCC)	15	16 9:45am-3:00pm Paley Center for Media in Beverly Hills/Cindy's Mini Bus Trip (Res. Req.)(JCC) 1:30pm Movies to Enlighten (JCC)	17 10am-Noon Basic iPad Class (JCC) 2:00pm-4:00pm Last Tango In Halifax (JCC)	18	19 10:00am Hawaiian Expressions (JCC) 10:00am-NOON DOCTALK You Can Successfully Manage Longevity (JCC)	20
	21 10:00am-1:00pm HICAP (App. Only) 10:00am MB Senior Club White Elephant Sale & Bingo (JCC) 1:30pm-3:30pm Improv for Caregivers (Res. Req.) (JCC) 2:30pm-5:30pm El Camino Travel Series: Trading Up: Around The World For Free (Res.Req.)(JCC)	22 1:30pm-3:30pm Poetry Circle (JCC) 7:00pm-8:30pm Community Interactive: Discover the Flight Path Museum and Learning Center Speaker: Ethel Pattison, LAX Historian (MBL)	23 10am-Noon Flu Shot (JCC)	24 10am-Noon Advanced iPhone Class (JCC) 2:00pm-4:00pm Last Tango In Halifax (JCC) 5:30pm-7:30pm Your Book Club (JCC)	25 10:00am-11:30am Jewelry Class Workshop (Res. Req.) JCC	26 10am-Noon Coffee, Technology & You (JCC)	27 1:30pm-3:30pm Encore Movie Aladdin (JCC)
	28 7:45am-6:00pm Bus Excursion: Old Haunts in Old Town San Diego (Res. Req.) (JCC & MHP pick up) 1:00pm-3:00pm "Acting Out Again" (JCC) 1:30pm-3:30pm Improv for Caregivers (Res. Req.) (JCC)	29	30 10am-Noon Advanced iPad Class (JCC)	31 11am-4pm A Fright Night To Remember Prom/Halloween Party (Res. Req.)(JCC)			