"PIERSPECTIVE" COMMUNITY ART EXHIBITION

PHOTO COURTESY OF: Carol Hogan/Easy Reader Archive
CALL 4 ARTISTS

PIERSPECTIVE COMMUNITY ART EXHIBITION
SUBMIT ARTWORK MAY 1 THROUGH MAY 31, 2020

INSTA-PHOTO SUBMISSIONS
Are you a Manhattan Beach Pier enthusiast? Share it with us on Instagram by using the hashtag #mbpierspective from May 1st through May 31st. We are looking for a creative perspective that highlights the iconic Manhattan Beach Pier we all know and love! Tag us in your photo and receive the chance to be featured in our upcoming art exhibition, Pierspective, Celebrating 100 years of the Manhattan Beach Pier at the Manhattan Beach Art Center from July 17 through September 13. Submissions must incorporate an element of the Manhattan Beach Pier.

HOW TO ENTER
1. FOLLOW US @mbparksandrec
2. #mbpierspective
3. TAG US IN YOUR PHOTO

ALL MEDIA SUBMISSIONS
Are you an artist and want to be part of the upcoming community art exhibition, Pierspective, celebrating 100 years of the Manhattan Beach Pier? Submit an entry form for your paintings, drawings, ceramics, sculptures, or other media from May 1st through May 31st.

ENTRIES MUST INCORPORATE AN ELEMENT OF THE MANHATTAN BEACH PIER. WE ENCOURAGE ALL ARTISTS TO THINK BROADLY AND EXPAND THEIR CREATIVITY, WHILE CELEBRATING 100 YEARS OF THE MANHATTAN BEACH PIER.

SUBMISSION GUIDELINES
When submitting through Instagram, your account must be public and all photos must be original photos taken by photo contest participant. Entries must be high resolution photos taken within the Manhattan Beach city limits. All ages are welcome to submit through Instagram and/or submit an All Media application. Artists retain the copyright to their own work. Instagram submissions may be reposted and given credit on our Instagram account and may be displayed during the upcoming community art exhibition, Pierspective. By entering the submission process you agree with the guidelines listed above.

www.citymb.info/submissions
SPRING REGISTRATION DATES

MB RESIDENTS: 3/9
NON-MB RESIDENTS: 3/30

SOMETHING TO REMEMBER
Registration opens at 6am online and 7:30am in person at City Hall

8 TOT
13 YOUTH
16 TEEN
17 ADULT
22 AQUATICS
24 TENNIS
29 OLDER ADULT

*All photos are previous community art exhibition submissions
CLIMATE LEADERSHIP
MANHATTAN BEACH AWARDED “A” FOR CLIMATE LEADERSHIP

After completing the City’s greenhouse gas (GHG) emissions inventory in June 2019, staff worked with the international reporting system Carbon Disclosure Project (CDP) to submit Manhattan Beach’s progress on managing, measuring, and tracking GHG emissions and adapting to climate-related risks. Reporting Manhattan Beach’s carbon emissions, climate action, and adaptation work to CDP is required of our City for our commitment by Council in the “Global Covenant of Mayors for Climate.” Following this rigorous reporting process, CDP has awarded Manhattan Beach with an “A” grade for climate leadership – the top level a City can earn. Throughout 2020, please look for opportunities to attend climate and coastal resiliency workshops the City will be hosting. For more information, please visit: www.cdp.net/en/cities

REFUSE BILLING
Waste Management will take over ALL billing for refuse services beginning July 1, 2020. Both residents and businesses will receive a bill from Waste Management directly for all refuse related services. Waste Management is taking over the refuse billing at no additional charge. Water billing will continue to be done by the City.

CURBSIDE RESIDENTIAL ORGANICS RECYCLING (GREEN CART)
The curbside residential food waste recycling program (green cart) will undergo some program changes. The new curbside residential organics recycling program (green cart) allows residents to MIX their yard waste (grass, leaves, etc.), select food scraps and soiled paper in the green organics cart. NO PLASTIC BAGS should be placed in the green organics cart starting July 1, 2020. If residents prefer to contain food scraps, they can place the food scraps in paper bags or wrapped in newspaper prior to placing in the green organics cart. With these changes, there are certain food scraps that are no longer acceptable in the green organics cart such as oily, greasy foods.

WHAT CAN/CANNOT BE PLACED IN THE RECYCLING CONTAINER
The recycling industry has undergone some major changes. Beginning July 1, 2020, only clean and dry plastics (numbered 1, 2 and 5 on recyclables list) will be accepted in any recycling container citywide (residential, commercial business, public container, etc.). Examples of NON-ACCEPTABLE plastics recycling include plastic wrap, PVC plumbing pipes, grocery bags, garment bags, frozen food bags, sandwich bags, disposable plastic utensils, protective packing, Styrofoam, packing peanuts, plastic CDs/DVDs, baby bottles, eye glasses, exterior lighting fixtures, etc. Examples of ACCEPTABLE plastics recycling include water & soda bottles, peanut butter and salad dressing jars, clear milk jugs, detergent/bleach/shampoo/conditioner bottles, plastic crates, carts, laundry baskets, food storage containers, yogurt containers, marginare containers and other refrigerated containers, bottle tops/caps, etc. The City encourages community members to reduce plastic waste by choosing reusable non-plastic bags, utilizing non-plastic packaging, refusing disposable plastic materials and donating items in good, usable condition.

BUSINESS/COMMERCIAL RECYCLING RATES
Until now, business/commercial rates have been solely isolated on trash carts/bins. Beginning July 1, 2020, there will be a rate for businesses/commercial recycling carts and bins. The rate applies to business/commercial blue recycling carts

SOUTH BAY ECO FESTIVAL, APRIL 25TH: EXPERIENCE A GREEN FUTURE

On Saturday, April 25, in partnership with South Bay Cares, we invite you to join us at the South Bay Eco Festival! Taking place in Metlox Plaza from 11 AM to 3 PM.

The Festival will celebrate the 50th Anniversary of the first Earth Day. The Eco Festival will showcase businesses that sell services and products benefiting the environment, and environmental groups with a mission of sustainability or environmental stewardship. Exhibits will be interactive and experiential. Visitors will enjoy live music and food specials at local restaurants. Admission is free. To learn more about the event, visit southbayecofestival.org.

SOLID WASTE CONTRACT WITH WASTE MANAGEMENT BEGINS JULY 1, 2020
After six months of public outreach and an 18 month process, the City Council awarded the solid waste contract to Waste Management at the February 5, 2019, City Council meeting. Waste Management has been the City’s solid waste hauler since the 1980s. Waste Management’s proposal was the lowest in price of all three proposals received. The new contract begins July 1, 2020. Information about the new solid waste contract can be found at www.citymb.info/refusecontract.

MB NEWS
CITY ACHIEVES "GOLD" SOLSMART AWARD FOR SOLAR PERMITTING PROCESS

The City has achieved Gold designation from the national SolSmart program for making it faster, easier, and more affordable for homes and businesses to go solar. Working with the South Bay Cities Council of Governments and EcoMotion to achieve this designation, the award recognizes Manhattan Beach for taking steps to encourage solar energy growth, remove obstacles to solar development, and highlights the City’s efforts to promote clean energy use. As a SolSmart designee, Manhattan Beach is helping solar companies greatly reduce the cost of installations and pass those savings on to consumers. This allows even more local homes and businesses to obtain affordable, clean, and reliable electricity through solar. In addition to Gold designation, Manhattan Beach has received special recognition for our inspection process. To receive this designation, cities make changes to their local processes to reduce the time and money it takes to install a solar energy system. This includes evaluating local permitting processes, as well as planning and zoning procedures. For more information, please read SolSmart’s press release: www.solsmart.org/news/going-solar-in-californias-south-bay/

MANHATTAN BEACH AWARDED “A” FOR CLIMATE LEADERSHIP

After completing the City’s greenhouse gas (GHG) emissions inventory in June 2019, staff worked with the international reporting system Carbon Disclosure Project (CDP) to submit Manhattan Beach’s progress on managing, measuring, and tracking GHG emissions and adapting to climate-related risks. Reporting Manhattan Beach’s carbon emissions, climate action, and adaptation work to CDP is required of our City for our commitment by Council in the “Global Covenant of Mayors for Climate.” Following this rigorous reporting process, CDP has awarded Manhattan Beach with an “A” grade for climate leadership – the top level a City can earn. Throughout 2020, please look for opportunities to attend climate and coastal resiliency workshops the City will be hosting. For more information, please visit: www.cdp.net/en/cities
and business/commercial white recycling bins. The recycling cart/bin rate is structured to be 50% of the trash rate for the same cart/bin size. For example, if a 3 yard trash bin serviced once per week is $100, the 3 yard recycling bin serviced once per week is $50. It will be 50% cheaper to recycle material such as cardboard than to throw it in the trash.

- **BUSINESS/COMMERCIAL FOOD WASTE RECYCLING**
  The business/commercial food waste recycling program will continue to be provided and serviced at no additional charge. All food scraps will continue to be allowed in this program. Business/commercial food waste recycling carts are green with yellow lids.

- **PAPER SHREDDING EVENTS**
  The community will now have more opportunities for free paper shredding services. The new contract will require four (4) paper shredding events annually. Sign up for Recycling e-notifications at www.citymb.info to receive updates on event dates.

- **BULKY ITEM PICK-UPS**
  Single Family and Multi-Family residents will be able to schedule double the bulky-item pick-ups from their residence each year than previously allowed. Beginning July 1, 2020, residents can schedule six (6) bulky-item visits (with 3 items per visit) each calendar year at no additional charge. That’s a total of 18 items per calendar year per single family home or multi-family unit!

- **REFUSE RATES**
  Although Waste Management’s proposal was the lowest in price of all three proposals received, the residential and business/commercial refuse rates will increase with the new contract beginning July 1, 2020. Residential rates support services including the collection of trash, recycling and organics (yard/food/soiled paper), At-Your-Door hazardous waste collection, bulky item pick-ups, holiday tree recycling, etc. Business/commercial rates support services including the collection of trash, recycling, yard and food waste, the Green Business Program, and training and compliance programs for AB 341, AB 1826 and SB 1383. There are several factors which can affect rates: including services and programs which comply with State law, providing a living wage, changes in the processing of materials and changes in the recycling industry.

The best way to save money and reduce refuse disposal costs are to RETHINK, REDUCE, REUSE, RECYCLE.

1. **RETHINK**
   Change purchasing practices, think “upstream” to prevent material from entering the “waste stream.”

2. **REDUCE**
   Reduce waste, “bring your own fill in the blank.”

3. **REUSE**
   Use it again or donate it if someone else can use it.

4. **RECYCLE**
   Recycle clean and dry materials when you can.

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**BECOME AN MB CERTA MEMBER**
Sharpen your skills, learn how to respond to emergencies, and how to survive in case of a disaster.

**EMERGENCY PREPAREDNESS CLASS**
Under the direction of the MB Fire Department, we offer a 4-day emergency preparedness class teaching skills enabling you to help your family and neighbors respond and survive during an emergency such as an earthquake. For more information, visit www.mbcerta.org or email info@mbcerta.org.

**FIRST AID, CPR/AED TRAINING**
2 year certificate offered by MB CERT and Beach Cities Health District
2020 Class Dates: 4/4, 6/6, 8/1, 9/26, 12/5
Sat & Sun, 7:30am to 3pm
Contact Jeanne to reserve a seat at 1certraining@gmail.com

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**JOIN THE CITY’S BOARDS AND COMMISSIONS**
The City of Manhattan Beach is seeking community-spirited people to fill vacancies on the City’s Boards and Commissions.

**THE FOLLOWING COMMISSIONS WILL HAVE VACANCIES:**

**BOARD OF BUILDING APPEALS**
5 Members-At-Large (Qualified by Experience & Training)

**CULTURAL ARTS COMMISSION**
1 Art Experience
1 Member-At-Large
1 Student Representative

**LIBRARY COMMISSION**
1 Member-At-Large
1 Student Representative

**PARKS AND RECREATION COMMISSION**
1 Member-At-Large
1 Student Representative

**PLANNING COMMISSION**
2 Members-At-Large

To be considered for one of these Board or Commission seats you must be a resident of Manhattan Beach and a registered voter, unless you are applying for the Student Representative seat.

Please electronically submit your application by Wednesday, April 15, 2020 through our website www.citymb.info/boardsandcommissions.

Board & Commissions Interviews will take place on Tuesday, April 28, 2020.

For more information, please visit our website www.citymb.info/boardsandcommissions, read the Boards & Commissions Handbook, or call the City Clerk’s Office at (310) 802-5056.

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**FOLLOW THE CITY! @citymb**
Get city news, updates and more!
FAMILY CAMPOUT

MAY 30-31
Begg Field, 1402 North Peck Ave.
Start: Saturday, 1:30pm
End: Sunday, 12:00pm

Res: $40 Nonres: $44
#34453

Pitch your tent in Begg Field and get the full camping experience! The 25th annual Family Campout includes family activities, swim time, dinner, dessert, breakfast, and a private movie exclusively for campers!

Kids ages 2 and under are free.

TIMELINE
SATURDAY, MAY 30
1:30pm-3:30pm
Load-in and check-in
1:30pm-4:30pm
Family activity games, Arts & Crafts, snow cones, and Family swim time at Begg Pool
4:30pm-5:30pm
Self-directed family free time
5:30pm-7pm
BBQ Dinner
7pm-8pm
Self-directed family free time
8pm-10pm
Movie (TBA) & Snacks (only open to campers)
10:30pm
Lights out

SUNDAY, MAY 31
7am-9am
Breakfast
9am-10am
Self-directed family free time
10am-12pm
Family activities & swim at Begg Pool
12pm
Time to pack up, clean up and head out

*Timeline subject to change

WEEKEND GETAWAY

#mbfamilycamp
PIERSPECTIVE

COMMUNITY ART EXHIBITION
CELEBRATING 100 YEARS OF THE MANHATTAN BEACH PIER

OPENING CELEBRATION
JULY 17 / 6-9PM
ART / MUSIC / FOOD / DRINKS

MANHATTAN BEACH ART CENTER
JULY 17 - SEPTEMBER 13
1560 MANHATTAN BEACH BOULEVARD

PHOTO: SCOTT MCFARLANE @scott_mcfarlane
Lil Architects, Engineers and Artists!

2 but less than 6
Res: $185 Nonres: $203 (8 Weeks)

Early elementary design concepts will be introduced featuring specialty projects along with Frank Lloyd Wright, Van Gogh, Matisse and more! Cutting, drawing, clay, tile, wood, paint, artists markers and more will be used as a creative platform for our youngest artists to strengthen fine motor skills and critical thinking. Projects and lessons rotate quarterly. Parent attendance is required.

Instructor: Art To Grow On Staff
Location: Marine Avenue Park

34546 10:45am to 11:30am 4/17-6/5  F

Pee Wee Picasso!

1y 3m but less than 3
Res: $185 Nonres: $203 (8 Weeks)

Our Lil’ Picassos will be exposed to a variety of age appropriate art activities that develop and improve fine motor skills. Curiosity, discovery and self-expression are the focus of this class by using glitter, paint, play dough, collage, water colors and more. Projects and lessons rotate quarterly. Parent attendance is required.

Instructor: Art To Grow On Staff
Location: Marine Avenue Park

34559 9:30am to 10:15am 4/17-6/5  F

MUSIC Rhapsody Babies Make Music

3m but less than 1
Res: $199 Nonres: $219 (8 Weeks)

Babies instinctively react to music! Parents and babies learn delightful rhymes, lullabies, floor and lap games, action songs, and dances that stimulate your baby’s natural response to music. Gather fascinating information each week on infant musical development and learn activities to use at home with your little one. Our early childhood programs have been proven successful since 1983! For one time materials fee, please call (310) 376-8646. No class 5/25.

Instructor: Music Rhapsody Staff
Location: Joslyn Community Center

34548 11:15am to 12pm 4/13-6/8  M

MUSIC Rhapsody Toddlers Make Music

1 but less than 4
Res: $199 Nonres: $219 (8 Weeks)

Delightful songs, dances, and musical activities using percussion instruments develop the timing, coordination, pitch matching, and language skills of the toddler. In addition, the high quality instruments, puppets, stories, and colorful props make this an engaging time of learning! This South Bay early childhood music education program has been a proven success since 1983! For one time materials fee, please call (310) 376-8646. No class 5/25.

Instructor: Music Rhapsody Staff
Location: Joslyn Community Center

34551 9:15am to 10am 4/13-6/8  M

ROSE GAZEBO AT POLLIWOG PARK

Looking for an open space to celebrate your little one’s birthday this spring? With beautiful weather and breathtaking scenery, Polliwog Park pleases children of all ages! Reserve a picnic pad, or a gazebo for your next birthday party! For reservation information, contact (310) 802-5448 or reservations@citymb.info.

TWEET US!

Have a question about an activity? Tweet us and we’ll be happy to help!

@mbparksandrec
**BRIT WEST - TINY PROS**

**SOCCER**

1 ½ but less than 2  
Res: $139 Nonres: $153 (8 Weeks)

Indulge each child’s natural curiosity and playfulness while introducing them to the beautiful game of soccer. Classes are geared toward a toddler’s unique way of learning and include imagination games, bubbles, parachutes and lots of scoring goals. Parents participation required. No class 5/24 & 5/25.

Location: Marine Avenue Park  
34411 9:15am to 9:55am 4/13-6/8  M  
34412 9:15am to 9:55am 4/16-6/4  Th  
34413 10:30am to 11:10am 4/17-6/5  F  
Location: Grand View Elementary School  
34414 8:15am to 8:55am 4/13-6/8  M  
34415 10am to 10:45am 4/16-6/4  Th  
34416 11:15am to 12pm 4/17-6/5  F  
Location: Grand View Elementary School  
34417 11am to 12pm 4/13-6/8  M  
34418 10am to 10:45am 4/16-6/4  Th  
34419 11am to 12pm 4/17-6/5  F  

2 but less than 3 ½  
Res: $139 Nonres: $153 (8 Weeks)

Parents participate in their child’s important first steps in physical fitness. Age appropriate soccer curriculum, focusing on kicking and shooting the ball, is taught through fun and playful games. We aim to instill our little team with a sense of confidence, coordination, friendship, and a love for soccer! No class 5/24 & 5/25.

Location: Marine Avenue Park  
34416 10am to 10:45am 4/13-6/8  M  
34417 10am to 10:45am 4/16-6/4  Th  
34418 11:15am to 12pm 4/17-6/5  F  
Location: Grand View Elementary School  
34419 9am to 9:45am 4/13-6/8  M  
34420 10am to 10:45am 4/16-6/4  Th  
34421 11am to 12pm 4/17-6/5  F  

3 ½ but less than 5  
Res: $139 Nonres: $153 (8 Weeks)

Athletes will develop dribbling, passing, turning, and shooting through FUN games! They will learn technique and agility and how to apply these skills into the game situation. We also introduce basic soccer rules and terms. Our age appropriate curriculum provides a sound base for progression to the next level. No class 5/24 & 5/25.

Location: Marine Avenue Park  
34421 11am to 11:45am 4/13-6/8  M  
34422 11am to 11:45am 4/16-6/4  Th  
34423 12:15pm to 1pm 4/17-6/5  F  
Location: Grand View Elementary School  
34424 11am to 11:45am 4/13-6/8  M  
34425 11am to 11:45am 4/16-6/4  Th  
34426 12:15pm to 1pm 4/17-6/5  F  

For more information and daily schedule visit  
www.britwestsoccer.com
MUSIC RHAPSODY KIDS MAKE MUSIC
2 but less than 3
Res: $199 Nonres: $219 (8 Weeks)
The young child and parent will sing, dance, and play instruments. Solo singing is encouraged to develop listening, pitch-matching, and language skills. Concepts such as high and low, soft and loud, up and down are taught in a game-like atmosphere and increases self-confidence. This South Bay early childhood music education program has been a proven success since 1983! For one time materials fee, please call (310) 376-8646.
Instructor: Music Rhapsody Staff
Location: Joslyn Community Center
34549 10:15am to 11:45am 4/13-6/8 M

MUSICAL FUN FOR TOTS
3m but less than 5
Res: $150 Nonres: $165 (8 Weeks)
Discount for 2 or more participants
Developed for tots and their caregivers, this class is a compilation of contemporary and nursery music. Using instruments and props, we dance, sing, sign, and enjoy music. Flannel board songs and beautifully illustrated book to music capture the imagination. The emphasis is on creativity and movement. Parent or Guardian is expected to participate.
Instructor: Wanda Borgerding
Location: Manhattan Heights Park
34553 10am to 10:45am 4/16-6/4 Th

REGISTRATION DATES
Save the dates for Spring Registration!
Manhattan Beach Residents: March 9
Non-Manhattan Beach Residents: March 30

SPORTS
BEACH BABIES ON ICE
3 but less than 4
Res: $68 Nonres: $75 (4 Weeks)
Parent and me ice skating class will teach you and your child how to skate safely and enjoy this great pastime. Wear warm, flexible clothing and bring mittens. Includes skate rental, four public sessions and two guest passes.
Instructor: Toyota Sports Center Staff
Location: Toyota Sports Center
34373 12:15pm to 12:45pm 4/18-5/9 Sa
34374 10:50am to 11:20am 4/19-5/10 Su
34375 12:15pm to 12:45pm 5/16-6/6 Sa
34376 10:50am to 11:20am 5/17-6/7 Su

GYMNASTICS - PARENT AND ME GYM
1 ½ but less than 4
Res: $150 Nonres: $165 (10 Weeks)
Mom, Dad, Kids! Join this fun class designed for the family with young children. We teach basic gymnastics, balance and coordination skills on our swinging rings, soft foam mats, stunt bar, springboard, and mini trampoline. Learn partner stunts too. No class on 5/10.
Instructor: Superkids Staff
Location: Manhattan Heights Park
34483 9:30am to 10:20am 4/8-6/10 W
34484 9:30am to 10:20am 4/19-6/14 Su

GYMNASTICS - DEVELOPMENTAL
3 but less than 6
Res: $150 Nonres: $165 (10 Weeks)
Cartwheels, handstands, beam, vault and bar skills are just a few things taught in this fun class. Swinging rings, foam mats, mini trampoline, vault and springboard are used in this class. Suitable for beginners and intermediate students. No class on 5/10.
Instructor: Superkids Staff
Location: Manhattan Heights Park
34477 4:30pm to 5:20pm 4/9-6/11 Th
34478 10:30am to 11:20am 4/19-6/14 Su

HOCKEY BASICS 6U
4 but less than 7
Res: $68 Nonres: $75 (4 Weeks)
This ice skating class will teach you how to skate with emphasis on hockey, and be safe and enjoy this great pastime. Wear warm, flexible clothing and bring mittens. Helmet with mask is required. Includes skate rental, four public sessions and two guest passes.
Instructor: Toyota Sports Center Staff
Location: Toyota Sports Center
34494 10:45am to 11:15am 4/18-5/9 Sa
34495 10:50am to 11:20am 4/19-5/10 Su
34496 10:45am to 11:15am 5/16-6/6 Sa
34497 10:50am to 11:20am 5/17-6/7 Su

ICE SKATING FOR TOTS
4 but less than 6
Res: $68 Nonres: $75 (4 Weeks)
This first time skater class will teach you how to skate safely and enjoy this great pastime. Wear warm, flexible clothing and bring mittens. Includes skate rental, four public sessions and two guest passes.
Instructor: Toyota Sports Center Staff
Location: Toyota Sports Center
34513 4pm to 4:30pm 4/14-5/5 Tu
34514 4:15pm to 4:45pm 4/15-5/6 Sa
34515 10:20am to 10:50am 4/19-5/10 Su
34516 4pm to 4:30pm 5/12-6/2 Tu
34517 12:15pm to 12:45pm 5/16-6/6 Sa
34518 10:20am to 10:50am 5/17-6/7 Su

LIKE US ON FACEBOOK!
Want more from @mbparksandrec?
Like us on Facebook to be the first to know about what’s MANHAPPENIN’ this Spring in Manhattan Beach!
**ART TO GROW ON**

**JR. ARCHITECTS ART PARTY OR AWESOME PAINT PARTY!**

Our *Frank Lloyd Wright Party Package* includes an introduction to architecture and design using wood cubes and mosaics along with creating awesome structures with our Engineering Straws! Package also includes our Sketching Station, Paint Walls, Play Dough Station and More!

Our *Van Gogh and Glitter Paint Frame Package* includes an introduction to tempera paints and elementary painting techniques in addition to our Sketching Station, Paint Walls, Play Dough Station, Disc Building Station and more!

Two hour Party Packages include room rental, all adult tables and chairs, kiddo tables and chairs, two Party Hosts, and colored tablecloths of your choice. kiddos take home all artwork!

*Food not included.*

**COST**

$595 for party of 12. Each additional kiddo party guest $15. Adults Free.

**DAYS**

Saturday or Sunday, 10am to 12pm, 11am to 1pm, 2pm to 4pm. Depending on availability.

**MORE INFORMATION**

Call (310) 802-5448 to check availability.

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**SKATEDOGS**

**BIRTHDAY PARTIES**

Celebrate your birthday with your friends by riding ramps and getting skateboarding instruction from an experienced coach in Skatedogs private skatepark. All parties include instruction, free skate, and fun games!

For more information contact City Hall at (310) 802-5448, reservations@citymb.info or Skatedogs at (714) 313-8787.

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**SOCCER & SPORTS**

**WITH BRIT WEST & TINY PROS**

We have a soccer or sports filled program full of fun games with your favorite Tiny Pros coach for your upcoming birthday party for ages 2-9 years old! Our schedule is completely flexible to meet your needs. Coaches arrive early and leave late at the venue of your choice. The birthday package can accommodate up to 30 guests (depending on age) and is 90 minutes long. Equipment such as soccer balls and goals will be provided.

**LOCATION**

Poliwog Park

**COST**

$250 - Up to 10 kids and 1 coach provided  ·  $350 - Up to 20 kids and 2 coaches provided  ·  $450 - Up to 30 kids and 3 coaches provided

**MORE INFORMATION**

To reserve your next birthday call (310) 802-5448 or email reservations@citymb.info or Brit West (661) 388-7797 or info@britwestsoccer.com

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REC Jr is an extension of the current REC Program. 
This program is tailored to suit the needs of children 4 to 5 years old. Activities, games, arts & crafts and other recreational activities have been redesigned for the younger children. **This program has a 6 to 1 ratio.**

**REC Jr. Summer Camp activity calendar and registration information online**

[www.citymb.info/recjr](http://www.citymb.info/recjr)
YOUTH

www.mbparksandrec.com • (310) 802-5448

ARTS AND CERAMICS

CERAMICS ADVENTURES IN CLAY
6 but less than 13
Res: $139 Nonres: $153 (8 Weeks)
Learn the basics of working with clay while making fun projects. Inspire your imagination while making and decorating your pieces. Projects may include masks, fanciful creatures, decorative cups, plates, planters, and items of the artist’s own design. Fee includes materials and firing.
Instructor: Parks and Rec Staff
Location: Live Oak Park, Ceramics Studio

34437  4:30pm to 6pm  4/8-5/27  W

SPORTS

BEACH VOLLEYBALL
5 but less than 16
Learn the basics of beach volleyball in the home of beach volleyball! Whether your child has never played before or you want to sharpen their skills, this class is for everyone! Terminology, skills to give a better understanding of the sport and the culture of beach volleyball will all be covered. No class 5/24.
Instructor: Marlon Johnson

Res: $150 Nonres: $165 (10 Lessons)
34383  3:30pm to 5pm  4/13-5/13  M W
34384  3:30pm to 5pm  4/14-5/14  Tu Th
34386  3:30pm to 5pm  5/18-6/17  M W
34387  3:30pm to 5pm  5/19-6/18  Tu Th

7 but less than 10
Res: $139 Nonres: $153 (8 Weeks)
Coaching becomes more team oriented as the players’ skills progress. Team formations and strategies in attacking and defensive situations are introduced. Technique is coached in more realistic situations where thinking and decision-making are encouraged. Players continue to improve fitness, speed, strength, and coordination through soccer related exercises.
Instructor: Brit West Soccer Coaches
Location: Manhattan Heights Park, Left Field

34403  3:30pm to 4:15pm  4/16-6/4  Th
34404  11am to 11:45am  4/19-6/14  Su

REC CAMPS

SPRING BREAK
MANHATTAN HEIGHTS PARK • 7:15AM TO 6PM
APRIL 2 THROUGH APRIL 6 / AGES: 5½-12 / $180 / #31708

www.citymb.info/reccamp

杨 · 艺术与陶瓷

CERAMICS ADVENTURES IN CLAY
6 but less than 13
Res: $139 Nonres: $153 (8 Weeks)
Learn the basics of working with clay while making fun projects. Inspire your imagination while making and decorating your pieces. Projects may include masks, fanciful creatures, decorative cups, plates, planters and items of the artist’s own design. Fee includes materials and firing.
Instructor: Parks and Rec Staff
Location: Live Oak Park, Ceramics Studio

34437  4:30pm to 6pm  4/8-5/27  W

杨 · 运动

BEACH VOLLEYBALL
5 but less than 16
Learn the basics of beach volleyball in the home of beach volleyball! Whether your child has never played before or you want to sharpen their skills, this class is for everyone! Terminology, skills to give a better understanding of the sport and the culture of beach volleyball will all be covered. No class 5/24.
Instructor: Marlon Johnson

Res: $150 Nonres: $165 (10 Lessons)
34383  3:30pm to 5pm  4/13-5/13  M W
34384  3:30pm to 5pm  4/14-5/14  Tu Th
34386  3:30pm to 5pm  5/18-6/17  M W
34387  3:30pm to 5pm  5/19-6/18  Tu Th

7 but less than 10
Res: $139 Nonres: $153 (8 Weeks)
Coaching becomes more team oriented as the players’ skills progress. Team formations and strategies in attacking and defensive situations are introduced. Technique is coached in more realistic situations where thinking and decision-making are encouraged. Players continue to improve fitness, speed, strength, and coordination through soccer related exercises.
Instructor: Brit West Soccer Coaches
Location: Manhattan Heights Park, Left Field

34403  3:30pm to 4:15pm  4/16-6/4  Th
34404  11am to 11:45am  4/19-6/14  Su

REC Camp is active during MBUSD breaks. All programs are supervised by trained CPR-certified recreation leaders (8:1 ratio).

www.citymb.info/reccamp
YOUTH

SPRING BREAK CAMPS

BEACH VOLLEYBALL SPRING BREAK CAMP

5 but less than 15
Res: $99 Nonres: $109
Volleyball continues! The City of Manhattan Beach is proud to offer a beginning volleyball camp for those who have never tried playing volleyball. This camp will teach terminology and the skills to give a better understanding of the sport while having fun.
Instructor: Marlon Johnson
Location: Manhattan Beach Pier, Southside

34400 11:30am to 2:30pm 4/6-4/10 M Tu W Th F

BRIT WEST SOCCER SPRING BREAK CAMP

Brit West Soccer camps are designed to develop each child’s ball skills and techniques. Each day includes individual foot skills, agility, technical practice and small sided soccer games. Our mini world cup introduces campers to soccer cultures around the world. Players are grouped according to age and experience. Each player will receive a Brit West Soccer jersey.
Instructor: Brit West Soccer Camp
Location: Marine Avenue Park

5 but less than 13
Res: $159 Nonres: $175 (Half Day)
34429 9am to 12pm 4/6-4/10 M Tu W Th F
34427 1pm to 4pm 4/6-4/10 M Tu W Th F

6 but less than 13
Res: $279 Nonres: $307 (Full Day)
34428 9am to 4pm 4/6-4/10 M Tu W Th F

SKATEDOGS SPRING BREAK CAMP

5 but less than 14
Res: $189 Nonres: $208
Skateboarding was just added to the 2020 Olympics. Whether you are just learning or ready to learn advanced tricks, this camp is right for you. Make new friends, play games, win prizes, advance your skills and most importantly, have fun in our private skatepark. Requirements: A signed Skatedogs waiver form, a trick skateboard, knee pads, elbow pads and a helmet. Visit skatedogs.com to view our online skateboard customizer and to learn more about what type of skateboard to bring.
Instructor: Skatedogs Staff
Location: Marine Avenue Park, Basketball Court

34614 8:30am to 11:30am 4/6-4/10 M Tu W Th F

GYMNASTICS - FUN AND FITNESS

5 but less than 9
Res: $150 Nonres: $165 (10 Weeks)
Swing on the rings and learn basic and intermediate gymnastics skills on foam mats, bars, balance beams, and vault. Gain fitness, flexibility, confidence in an atmosphere of fun and encouragement.
Instructor: Superkids Staff
Location: Manhattan Heights Park

34480 3:30pm to 4:20pm 4/9-6/11 Th

HOCKEY BASICS 14U

7 but less than 15
Res: $68 Nonres: $75 (4 Weeks)
This class introduces the skater to ice hockey and teaches basic safety and skating skills. Forward and backward skating, balance, and edges are covered. Helmet with mask is required. Wear warm, flexible clothing, hockey helmet, and bring mittens. Includes skate rental, four public sessions and two guest passes.
Instructor: Toyota Sports Center Staff
Location: Toyota Sports Center

34489 11:15am to 11:45am 4/18-5/9 Sa
34490 10:20am to 10:50am 4/19-5/10 Su
34491 11:15am to 11:45am 5/16-6/6 Sa
34492 10:20am to 10:50am 5/17-6/7 Su

ICE SKATING FOR YOUTH

6 but less than 15
Res: $68 Nonres: $75 (4 Weeks)
Children will learn how to skate safely and enjoy this great pastime. Wear warm, flexible clothing and bring mittens. Includes skate rental, four public sessions and two guest passes.
Instructor: Toyota Sports Center Staff
Location: Toyota Sports Center

34520 4:30pm to 5pm 4/14-5/5 Tu
34521 12:15pm to 12:45pm 4/18-5/9 Sa
34522 10:20am to 10:50am 4/19-5/10 Su
34523 4:30pm to 5pm 5/12-6/2 Tu
34524 12:15pm to 12:45pm 5/16-6/6 Sa
34525 10:20am to 10:50am 5/17-6/7 Su

INTRODUCTION TO BADMINTON

8 but less than 15
Res: $120 Nonres: $132 (8 Weeks)
For the beginning badminton players! This introductory class, will teach your child the game of badminton. All equipment will be supplied, please come in court shoes and athletic type clothing.
Instructor: Badminton Club Staff
Location: Manhattan Beach Badminton Club

34527 5pm to 6pm 4/6-5/25 M

BRANDED MANHATTAN BEACH POP-UP

RETAIL SHOP LOCATED AT CITY HALL

YOUTH & ADULT UNISEX HOODIES • HATS • TEES & MORE
BEGINNING

JUNE 15

REGISTER MARCH 9, 2020
www.citymb.info/summercamps · (310) 802-5448
TEEN CENTER SCHOOL YEAR PROGRAM
NOW through June 5, 2020 • Monday-Friday: 3pm to 6pm

The place to be after school!
Teen Center is a drop in, noncustodial program open to 6th through 9th graders living in or attending a school in Manhattan Beach or whose parents work in Manhattan Beach. We’re always doing something fun, so come hang and don’t miss out.

$199
Includes Vacation Camps, snacks, Late Night Teen Center, (Every 3rd Friday: September - May, 3pm - 9pm); and special workshops.

ARTS AND CERAMICS
CERAMIC FOR TEENS - ALL LEVELS
10 but less than 18
Res: $159 Nonres: $174 (8 Weeks)
Students will be introduced to the art of wheelthrowing and handbuilding. They will have an opportunity to make functional pottery as well as sculptural artwork. Techniques discussed may include slab and coil building, wheelthrowing and trimming, decorating and glazing. Fee includes materials and firing.
Instructor: Parks and Rec Staff
Location: Live Oak Park, Ceramics Studio

CERAMICS TEENS ON THE WHEEL
10 but less than 18
Res: $159 Nonres: $174 (8 Weeks)
Students will begin to learn how to throw, trim, decorate and glaze their work through the art of wheelthrowing. Simple projects like mugs and bowls will be made. Fee includes materials, glazes and firing.
Instructor: Parks and Rec Staff
Location: Live Oak Park, Ceramics Studio

www.citymb.info/teencenter • (310) 802-5426

UNIQUE ACTIVITIES
GOLDEN HEART RANCH COOKING CLASS
13 but less than 31
$35 per class
Golden Heart Ranch Social Living Club will be holding weekly cooking classes for young adults with special needs at the Joslyn Center. Whether you are new to the kitchen or an experienced chef, join us to learn everything from food safety to meal planning.
Instructor: Golden Heart Ranch
Location: Joslyn Community Center

REGISTRATION DATES
Save the dates for Spring Registration!
Manhattan Beach Residents: March 9
Non-Manhattan Beach Residents: March 30
ARTS AND CERAMICS

ART OF OIL
18 and up
Res: $118 Nonres: $130 (8 Weeks)
Learn the basics of oil painting including use of mediums, color, value, shape and line. All skill levels are welcome. Please download list of supplies and have them available for the first day of class. No class 5/25.
Instructor: Morgan Kari
Location: Manhattan Beach Art Center
34370  9:30am to 12pm  4/13-6/8  M

CERAMICS ADVANCED PROJECTS🔥
18 and up
Res: $229 Nonres: $252 (10 Weeks)
Advanced students will work on projects of their choosing while exploring technical aspects of construction and decoration. Students must be able to independently construct a handbuilt or wheelthrown form. Fee includes glazes, firing, and $10 in Ceramics Bucks to use at the students’ discretion. Please download a list of supplies before the first meeting.
Instructor: Eric Brinkman
Location: Live Oak Park, Ceramics Studio
34435  1pm to 4pm  4/9-6/11  Th

CERAMICS ADVANCED WHEELTHROWING🔥
18 and up
Res: $229 Nonres: $252 (10 weeks)
Go beyond the basics of throwing on the wheel! Students will explore new and more complicated forms such as plates, lidded containers, pouring vessels, and more. To participate in this class, students must be comfortable with throwing basic forms such as bowls or cylinders. Fee includes glazes, firing, and $10 in Ceramics Bucks to use at the students’ discretion. Please download a list of supplies before the first meeting.
Instructor: Lowell Nickel
Location: Live Oak Park, Ceramics Studio
34436  10am to 1pm  4/8-6/10  W

CERAMICS HANDBUILDING
18 and up
Res: $229 Nonres: $252 (10 Weeks)
Students of all levels will share space and learning experiences from pinch pot and coil building, to slab construction and sculpture. Students will learn about shaping, as well as decorating and glazing. Fee includes glazes, firing, and $10 in Ceramics Bucks to use at the students’ discretion. Please download a list of supplies before the first meeting.
Instructor: Lowell Nickel
Location: Live Oak Park, Ceramics Studio
34446  11:15pm to 4:15pm  4/8-6/10  W

FLOWER ARRANGING FOR YOU
12 and up
Res: $55 Nonres: $61
Create a beautiful flower arrangement for your home or for someone special. Workshop includes: vase, flowers, and floral supplies for in-class use.
Instructor: MB Innovation Team
Location: Marine Avenue Park, Rocket Ship Hall
34950  9am to 10:30am  6/6  Sa

LANDSCAPE PASTEL PAINTING🔥
16 and up
Res: $200 Nonres: $220 (8 Weeks)
Enjoy the creative process of painting with soft pastels. Students will learn the necessary tools to create beautiful landscapes inspired by their own photographs. Through instructor demonstrations and personal guidance, students will develop a greater understanding of how to see, interpret, and paint the landscape with pastels.
Instructor: Frances Nichols
Location: Manhattan Beach Art Center
34545  9am to 12pm  4/16-6/4  Th

ORIENTAL WATERCOLOR
16 and up
Res: $124 Nonres: $136 (8 Weeks)
Noted artist and instructor Hisako Asano will share her approach to a world of delicate oriental watercolor painting. Special attention will be focused on technique and styles which allow for a creative and individual approach to painting.
Instructor: Hisako Asano-Gould
Location: Manhattan Beach Art Center
34555  9am to 11am  4/14-6/2  Tu
OPEN LAB
18 and up
Res: $15 Nonres: $20 per 4 hour session
This is non-instructional time for students to work on their projects in the ceramics studio. Students must be currently enrolled, have been enrolled in the past 12 months in a ceramics class through Manhattan Beach Parks and Rec, or received approval by the supervisor. Only purchased clay from the City of Manhattan Beach may be used.
Location: Live Oak Park, Ceramics Studio
Monday: 10am to 2pm
Thursday: 8am to 12pm
Friday Afternoon: 1:30pm to 5:30pm
Saturday: 8am to 12pm
Sunday Morning: 10am to 2pm
Sunday Afternoon: 2pm to 6pm

CERAMICS BUCKS
These are just like cash! Use them to pay for clay or Open Lab. Please purchase your Ceramics Bucks at City Hall during business hours. Ceramics bucks are non-refundable and do not expire. Open Lab and clay can only be purchased using Ceramics Bucks.

CERAMICS FOR ALL LEVELS
18 and up
Res: $229 Nonres: $252 (10 Weeks)
Beginning students will learn basic handbuilding techniques and be introduced to wheelthrowing. Intermediate/advanced students will continue to hone their techniques of wheelthrowing and handbuilding, sculpture, surface decoration and glazing. Fee includes glazes, firing, and $10 Ceramics Bucks to use at the students’ discretion. Please download a list of supplies before the first meeting.
Location: Live Oak Park, Ceramics Studio
34439 6:30pm to 9:30pm 4/6-6/8  M Parks and Rec Staff
34443 6:30pm to 9:30pm 4/7-6/9  Tu Parks and Rec Staff
34440 6:30pm to 9:30pm 4/8-6/10  W Parks and Rec Staff
34444 6:30pm to 9:30pm 4/9-6/11  Th Stacey Wexler
34441 10am to 1pm 4/10-6/12  F Mitsuko Ikeno
34442 2:30pm to 5:30pm 4/11-6/13  Sa Stacey Wexler

DANCE, MUSIC AND THEATER
COMEDY IMPROV
18 and up
Res: $130 Nonres: $143 (8 Weeks)
Improv(isation) is the art of acting without previous preparation, involving imagination and creativity! Enhances communication skills useful for any situation while having fun learning the skills of improv. No experience necessary, all levels are welcome.
Instructor: Doris Usui
Location: Joslyn Community Center
34448 6:30pm to 8:30pm 3/30-5/18  M

RECORDERS PLUS
18 and up
Res: $121 Nonres: $133 (10 Weeks)
Intermediate to advanced participants will enjoy music through the ages with an emphasis on Renaissance/Baroque music while performing on recorders and other early music instruments. Beginners able to read music can be accommodated.
Instructor: Brenda Bittner
Location: Manhattan Heights Park
34608 6:30pm to 9pm 4/15-6/17  W

SWING DANCE
18 and up
Res: $80 Nonres: $88 (8 Weeks)
Learn one of the most popular social dances around! Enjoy moving to the upbeat sounds of big bands, rock and roll, as well as today’s hits while meeting new people and having fun. Both couples and singles are welcome, as we rotate partners frequently throughout the class. No prior dance experience is required.
34947 6:30pm to 7:30pm 4/13-6/1  M

NO PAIN. NO GAIN.
**FITNESS**

**BEACH BOOT CAMP WITH GI JOE**
12 and up
GI Joe’s group workout is designed to help students lose weight, tone bodies, build endurance and network with others. Joe Charles will inspire you to get in the best shape of your life in a short amount of time. All levels welcome. For more information, please go to www.mbpbootcamp.com.
Instructor: Joe Charles
Location: Manhattan Beach Pier, Southside

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**CARDIO SCULPT**
18 but less than 70
Res: $220 Nonres: $242 (3x Week)
In this 60 minute cardio sculpt class, we combine cardiovascular and muscle sculpting exercises all while moving to music! It starts with a warm up, to cardio aerobic, to kickboxing to a routine of light and heavy weights for sculpting the body. This total body workout helps in losing weight, toning, increasing bone density, energy and stamina. No class 4/29-30
Instructor: Jayne Justice
Location: Joslyn Community Center

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**FIT4BABY - PRENATAL FITNESS**
18 but less than 60
Res: $120 Nonres: $132 (6 Weeks)
FIT4BABY is designed specifically for moms-to-be. You can begin FIT4BABY at any point during pregnancy as the workouts are scientifically based, purposeful and designed to accommodate your changing body. The workout includes cardio, strength, balance and flexibility training. FIT4BABY will keep your body moving and connect you with pregnant mamas!
Instructor: Amber Chutz
Location: Beach Cities Orthopedics

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**HATHA YOGA**
18 and up
Res: $99 Nonres: $109 (8 Weeks)
The ancient practice of Hatha Yoga reduces stress, slims and tones the body, and focuses on proper breathing techniques. Slow the aging process, gain more flexibility and enjoy a surge of renewed energy, balancing the body and mind in a relaxed setting. Please bring a mat.
Instructor: Dorene Coles
Location: Joslyn Community Center

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**PELACORE**
18 but less than 70
Res: $85 Nonres: $94 (6 Weeks)
This fun 60 minute Pelacore class consists of holistic and functional exercises to strengthen your pelvic core, achieve stronger abs, glutes, thighs and improve quality of life. No class 4/30
Instructor: Jayne Justice
Location: Joslyn Community Center

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**PILATES & TRX CIRCUIT**
18 and up
Res: $100 Nonres: $110 (4 Weeks)
Pilates & TRX Circuit will focus on strengthening the core, using a variety of Pilates equipment and TRX for dynamic movements. This workout will tone, build muscle strength, improve balance, build range of motion, and burn calories while leaving some time for cool down and stretch.
Instructor: CoeDynamics Staff
Location: Embody Pilates Studio

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Follow us on Instagram by using #manhappenings
PILATES SEMI-PRIVATE  
18 and up  
Res: $140 Nonres: $154 (4 Weeks)  
Get direct training with a comprehensive certified Pilates teacher to accomplish specific goals of the individual for a healthy body, mind, and soul. If only 1 person registers, the session will become 30 minute private lessons.  
Instructor: CoeDynamics Staff  
Location: Embody Pilates Studio  
34939 5pm to 5:45pm 4/7-4/28 Tu  
34577 8:15am to 9am 4/9-4/30 Th  
34940 5pm to 5:45pm 5/5-5/26 Tu  
34578 8:15am to 9am 5/7-5/28 Th

ZUMBA  
16 and up  
Res: $96 Nonres: $106 (8 Weeks)  
Zumba is a fusion of Latin and International music. This high energy class is a combo of motivating music and body sculpting movements with easy to follow dance steps. No class 5/23.  
Instructor: Nelly Korenevksy  
Location: Manhattan Heights Park  
34654 9am to 9:50am 4/18-6/13 Sa

SPORTS  
ICE HOCKEY FOR ADULTS  
15 and up  
Res: $68 Nonres: $75 (4 Weeks)  
This class introduces the skater to ice hockey and teaches basic safety and skating skills. Forward and backward skating, balance, and edges are covered. Helmet with mask required. Includes skate rental, four public sessions and two guest passes.  
Instructor: Toyota Sports Center Staff  
Location: Toyota Sports Center  
34503 7pm to 7:30pm 4/14-5/5 Tu  
34499 11:45am to 12:15pm 4/14-5/5 Sa  
34500 11:20am to 11:50am 4/19-5/10 Su  
34504 7pm to 7:30pm 5/5-6/6 Tu  
34501 11:45am to 12:15pm 5/16-6/6 Sa  
34502 11:20am to 11:50am 5/17-6/7 Su

ICE SKATING FOR ADULTS  
15 and up  
Res: $68 Nonres: $75 (4 Weeks)  
Learn to skate while having fun. Wear warm, flexible clothing and bring mittens. Includes skate rental, four public sessions and two guest passes.  
Instructor: Toyota Sports Center Staff  
Location: Toyota Sports Center  
34506 7pm to 7:30pm 4/14-5/5 Tu  
34507 11:45am to 12:15pm 4/14-5/5 Sa  
34508 11:20am to 11:50am 4/19-5/10 Su  
34509 7pm to 7:30pm 5/5-6/6 Tu  
34510 11:45am to 12:15pm 5/16-6/6 Sa  
34511 11:20am to 11:50am 5/17-6/7 Su

UNIQUE ACTIVITIES  
ESSENTIAL OILS AND PERSONAL USES  
18 and up  
Res: $25 Nonres: $28  
Did you know most essential oils have anti-pathogenic properties making them effective cleaning and home care products? Come learn why and how to make home care products with essential oils. Hands on learning experience. Includes one take-home care product.  
Instructor: CoeDynamics Staff  
Location: Embody Pilates Studio  
34452 12pm to 1pm 4/11 Sa

iRest MEDITATION NEW  
12 and up  
Res: $150 Nonres: $165 (6 Weeks)  
Backed by extensive research, iRest? is a guided meditation that helps us navigate life's challenges and enhances our sense of well-being and peace. In this workshop you will experience tools to help cope with daily stress, resolve trauma, decrease depression and anxiety, relieve chronic pain, improve sleep and build resilience. Please bring a mat and blanket.  
Instructor: Laurie Angress  
Location: Joslyn Community Center  
34908 6:45pm to 8pm 4/29-5/3 W

TAI CHI CHUAN NEW  
18 and up  
Res: $180 Nonres: $198 (10 Weeks)  
This class consists of learning the more popular Tai Chi sets. Students will learn still and moving Qi Gong practices. Each class focuses on one or two forms of the larger Tai Chi form or set. Students will get a feel for the overall sequence of movements while following Tai Chi music. No class 5/23.  
Instructor: Marc Saldana  
Location: Manhattan Heights Park  
34914 8am to 8:50am 4/4-6/13 Sa
BEACH VOLLEYBALL

AGES 18+
MANHATTAN BEACH PIER, SOUTH SIDE

BEGINNER
Perfect for the player who has never played volleyball before, or is lacking in one or more of the basic skills of passing, hitting, serving, or digging. These slower paced drills are broken down so that the player understands all aspects of each skill and rules of the game. No class 5/23 & 5/25.

Res: $135 Nonres: $149 (2x Week)
34391 6pm to 7:30pm 4/6-5/27  M W Kamila Pavlaskova
34390 6pm to 7:30pm 4/7-5/28  Tu Th Ryan Olson

Res: $99 Nonres: $108 (8 Weeks)
34392 9am to 10:30am 4/11-6/6  Sa Dan Doubroff

INTERMEDIATE
Continue to develop the fundamental skills of the game! Players must demonstrate moderate ball control in passing, setting, hitting, and serving with some consistency. Players will learn offensive and defensive strategies and sharpen their skills through moderately paced drills. No class 5/23 & 5/25.

Res: $135 Nonres: $149 (2x Week)
34397 6pm to 7:30pm 4/6-5/27  M W Cindy Grebliunas
34395 6pm to 7:30pm 4/7-5/28  Tu Th Eugene Dolan

Res: $99 Nonres: $108 (8 Weeks)
34396 10:30am to 12pm 4/11-6/6  Sa Cindy Grebliunas

INTERMEDIATE/ADVANCED
This class is designed to get you ready for the advanced coed or competition classes. Demonstrate that you can consistently pass, pepper and hit in the first session or have the intermediate instructor’s approval for placement in this class. No class 5/25.

Res: $135 Nonres: $149 (2x Week)
34393 6pm to 7:30pm 4/6-5/27  M W Ryan Olson

ADVANCED
Reinforce and sharpen your skills in passing, setting, serving, hitting, digging, and blocking through fast-paced drills. This class is designed for players with considerable knowledge of the game. You must be able to execute fundamental skills and ball control with a high level of consistency.

Res: $135 Nonres: $149 (2x Week)
34388 6pm to 7:30pm 4/7-5/28  Tu Th Cindy Grebliunas

MEN’S ADVANCED COMPETITION
Get tournament ready! Refine and further develop your skills by utilizing real game, face paced drills. This class will include hitting, serving, setting and offensive clinics with guest instructors who are USA Beach Volleyball certified. No class 5/23.

Res: $99 Nonres: $109 (8 Weeks)
3439810:30am to 12pm 4/11-6/6  Sa Dan Doubroff

WOMEN’S ADVANCED COMPETITION
Get tournament ready! Refine and further develop your skills by utilizing real game, face paced drills. This class will include hitting, serving, setting, and offensive clinics with guest instructors who are USA Beach Volleyball certified. No class 5/23.

Res: $99 Nonres: $108 (8 Weeks)
34399 9am to 10:30am 4/11-6/6  Sa Cindy Grebliunas

www.mbparksandrec.com · (310) 802-5448
AQUATICS

POOL RENTAL
BEGG POOL 402 North Peck Ave.  
(310) 802-5428  •  (310) 802-5448

BEGG POOL IS AVAILABLE FOR RENT SATURDAY AFTERNOONS
MB Residents $180/hour  
Nonresidents $200/hour

POOL RULES
All patrons entering the facility during recreational/lap swim times are required to pay the facility admission fee, including spectators, except those seated in the bleacher area.

- Swimsuit required
- Children not potty trained must wear a swim diaper
- Children under age 7 must be accompanied by an adult in the water at all times (4 children max per 1 adult)
- Water toys and U.S. Coast Guard approved lifejackets may be used at the Pool Manager’s discretion. Each individual wearing a U.S. Coast Guard lifejacket must be accompanied by an adult in the pool, within arms reach

NOT ALLOWED IN POOL OR POOL AREA
- Flotation devices
- Diving
- Running
- Pets
- Smoking
- Breath-holding games

NO EXCEPTIONS
- The City reserves the right to refuse access at any time
- No outside coaching allowed

LAP SWIM
$5 per person per workout
Ages 9-15 7pm to 8pm  M-W  2 lanes
Ages 9+ 8pm to 9pm  M-Th  6 lanes
Ages 9+ 9:30am to 12pm  Sa  2 lanes

REC SWIM
$5 per person per visit 1 4/18 - 5/30 (Closed 5/23)
12:15pm to 1:45pm  Sa

FISH TICKETS
Fish Tickets can be used for any drop-in recreation activity. Tickets cost $20 and are good for $25 worth of activities. You can purchase your fish tickets from the pool staff at the Begg Pool office or at the Parks and Recreation Department in City Hall.

FACT ABOUT BEGG POOL
Begg Pool is heated at 84 degrees all year long!

REGISTRATION DATES
Save the dates for Spring Registration! Manhattan Beach Residents: March 9. Non-Manhattan Beach Residents: March 30.
AQUATICS
www.mbparksandrec.com • (310) 802-5448

Save the dates for Spring Registration! Manhattan Beach Residents: March 9, Non-Manhattan Beach Residents: March 30.

YOUTH

JR. GUARD PREP CLASS 🔥

9 but less than 15
Prepare to meet the qualifications for the Los Angeles County Jr. Lifeguard Program, with this class focusing mainly on freestyle. Must be 9 years old before July 1st. Prerequisite: Must be able to swim 100 yards free style nonstop on the first day of class.
Instructor: Begg Pool Staff
Location: Begg Pool

Res: $90 Nonres: $99 (6 Lessons)
34529  3:30pm to 4:10pm  4/13-4/29  M W
34530  4:15pm to 4:55pm  4/13-4/29  M W
34531  6pm to 6:40pm  4/13-4/29  M W
34532  6:45pm to 7:25pm  4/13-4/29  M W
34533  3:30pm to 4:10pm  4/14-4/30  Tu Th
34534  4:15pm to 4:55pm  4/14-4/30  Tu Th

Spring Break
Res: $60 Nonres: $66 (4 Lessons)
34541  3:30pm to 4:10pm  4/1-4/4  M Tu W Th
34542  4:15pm to 4:55pm  4/1-4/4  M Tu W Th

PRIVATE JR. GUARD LESSON 🔥

9 but less than 17
Res: $160 Nonres: $176 (4 Lessons)
These private lessons are designed for swimmers who are interested in preparing for the Los Angeles Country Jr. Lifeguard swim test.
Instructor: Begg Pool Staff
Location: Begg Pool

Res: $175 Nonres: $193 (7 Lessons)
34367  6pm to 6:45pm  4/13-6/1  M
34368  6pm to 6:45pm  4/15-6/3  W

PRIVATE SWIM LESSONS 🔥

3 and up
Learn to swim or improve your skills in a one-on-one learning environment for children or adults. Classes meet for 40 minutes. You must be at least 3 years old, potty trained and be able to be in the water without a parent. Private lessons are for all skill levels. No class 5/23 & 5/25.
Instructor: Begg Pool Staff
Location: Begg Pool

Res: $180 Nonres: $198 (9 Lessons)
34910  3:30pm to 4:10pm  5/4-6/3  M W
34911  6pm to 6:40pm  5/4-6/3  M W

SWIM CONDITIONING CLASS NEW

9 but less than 12
We offer a swim conditioning class which is designed to build your child’s swimming endurance and speed as well as refining their freestyle, backstroke, breaststroke, and butterfly. Children must be able to swim 50 yards freestyle, backstroke and have some knowledge of breaststroke and butterfly on the first day of class. No class 5/25.
Instructor: Begg Pool Staff
Location: Begg Pool

Res: $180 Nonres: $198 (9 Lessons)
34912  3:30pm to 4:10pm  5/5-6/4  Tu Th

ADULTS

ADULT SWIM LESSONS 🔥

16 and up
It's never too late to learn how to swim! Our adult swim lessons provide a place for adults to learn how to swim in a friendly small-group setting. These lessons are for those individuals who wish to learn to swim or those who want to improve their technique and feel safe and secure in the water. No class 5/25.
Instructor: Begg Pool Staff
Location: Begg Pool

Res: $175 Nonres: $193 (7 Lessons)
34367  6pm to 6:45pm  4/13-6/1  M
34368  6pm to 6:45pm  4/15-6/3  W

FITNESS

BEGG POOL MASTERS

16 and up
$55 (per month) or $10 per person per workout
Begg Pool Masters is designed to help swimmers improve fitness and/or train for specific goals and offer active support for a healthy lifestyle through friendship and camaraderie. Workouts are structured for all swimming abilities ranging from beginning lap swimmers to college athletes. We invite you to come and swim with us!
Coach: Steve Hyde
Location: Begg Pool

Res: $175 Nonres: $193 (30 Lessons)
34356  5:45am to 6:45am  4/13-6/1  M Tu W Th F

WATER AEROBICS

16 and up
$78 (30 Lessons)
This class is designed for men and women looking for a great low impact workout. Workout includes aerobic, stretching and relaxation exercises. Knowing how to swim is not a prerequisite for participation in this class. No class 5/25.
Instructor: Begg Pool Staff
Location: Begg Pool

Res: $200 Nonres: $220 (8 Lessons)
34308  6pm to 6:45pm  4/15-6/3  W

www.mbparksandrec.com • (310) 802-5448 23

POPULAR ACTIVITY

These activities fill quickly, so register early and claim your spot!
TENNIS

TOTS

TENNIS WITH ANNIE - HOT SHOTS
3 but less than 8
Res: $150 Nonres: $165 (8 Weeks)
Kids will get active, learn new tennis strokes and have fun through skill-building games and engaging activities. Develop hand-eye coordination, learn to keep the ball in play, and begin mastering the basic strokes of tennis including the forehand, backhand, volley and overhead, while participating in a supportive and healthy athletic environment. No prior tennis experience is necessary. Adult participation is recommended.
Instructor: Annie Lewis
Location: Live Oak Park, Tennis Courts
34637 1pm to 1:45pm 4/14-6/2 Tu

TENNIS WITH ANNIE - HOT SHOTS PARENT AND ME
3 but less than 8
Res: $150 Nonres: $165 (8 Weeks)
Parents and kids alike will enjoy this interactive beginner class! Through skill-building games and activities, children will develop hand-eye coordination and learn basic tennis strokes including backhand, forehand, volley and overhead. Join in the fun and learn the sport of tennis in a supportive and healthy athletic environment. No prior tennis experience is necessary. Parent participation is required. No class 5/23.
Instructor: Annie Lewis
Location: Mira Costa High School, Tennis Courts
34638 10am to 10:45am 4/18-6/13 Sa

TEENS

TEAM TENNIS WITH KEVIN
10 but less than 17
Res: $280 Nonres: $308 (7 Weeks)
This tennis class with Kevin Brady includes drills and match play for intermediate and advanced players. No class 5/23.
Instructor: West Coast Tennis Academy
Location: Mira Costa High School, Tennis Courts
34629 9am to 11am 4/18-6/6 Sa

ADULTS

ADULT INTERMEDIATE TENNIS
14 and up
Res: $150 Nonres: $165 (8 Weeks)
Improve your tennis strokes, consistency, and placement of the ball, as you create topspin, improve foot positioning, and solidify good form. This class is designed for the player who is ready to put their skills and training into action with live ball, point play, drills and game strategy.
Instructor: Annie Lewis
Location: Live Oak Park, Tennis Courts
34364 6pm to 7pm 4/16-6/4 Th

ADULT INTERMEDIATE/ADVANCED TENNIS
14 and up
Res: $150 Nonres: $165 (8 Weeks)
Improve your tennis strokes, competition, score keeping, and sportsmanship. Kids will have the opportunity to play mini matches against kids of similar ability in a round robin format using the USTA QuickStart program. The matches will be arranged so that each child will experience what it is like to play a real game of tennis in a positive and supportive atmosphere. Snacks, prizes, awards, and coaching included. Previous tennis experience required. Summer camp and class information will be available at the event.
Instructor: West Coast Tennis Academy
Location: Live Oak Park, Tennis Courts
34365 7pm to 8pm 4/16-6/4 Th

FIT TENNIS!
18 and up
Res: $160 Nonres: $176 (8 Weeks)
Looking to improve the speed, agility and power of your tennis game while increasing lean body tissue and lose body fat? Students will use a variety of equipment such as battle ropes, TRX, medicine balls and more! All players welcome! No class 5/25.
Instructor: Anna Gorzkowski
Location: Live Oak Park, Tennis Courts
34455 11am to 12pm 4/13-6/8 M
Location: Manhattan Heights Park, Tennis Courts
34456 11am to 12pm 4/15-6/3 W

YOUTH TENNIS PALOOZA ROUND ROBIN

SUNDAY, MAY 3RD • 2:30PM TO 5PM
8 but less than 14
Res: $35 Nonres: $39
The round robin event is a great introduction into match play, competition, score keeping, and sportsmanship. Kids will have the opportunity to play mini matches against kids of similar ability in a round robin format using the USTA QuickStart program. The matches will be arranged so that each child will experience what it is like to play a real game of tennis in a positive and supportive atmosphere. Snacks, prizes, awards, and coaching included. Previous tennis experience required. Summer camp and class information will be available at the event.
Location: Live Oak Park, Tennis Courts
A# 34642
YOUTH TENNIS WITH ANNIE & LILA

FUTURE STARS
4 but less than 9
Res: $150 Nonres: $165 (8 Weeks)
Designed to accommodate the after-school kids schedule. We will focus on building tennis fundamentals through fun games and drills, movement and rally play. Kids will continue to develop the basic tennis strokes including the forehand, backhand, volley and overhead, working towards consistency and keeping the ball in play. No class 5/25.
Location: Live Oak Park, Tennis Courts
Instructor: Lila Brady
34639  315pm to 4pm  4/13-6/8  M
Instructor: Annie Lewis
34635  315pm to 4pm  4/14-6/2  Tu
34636  315pm to 4pm  4/16-6/4  Th

MAIN DRAW
Res: $150 Nonres: $165 (8 Weeks)
In this class, we will continue to fine-tune basic stroke technique and production through fun drills, games, movement and rally play. Players should have some experience with the 4 basic tennis strokes and be able to keep the ball in play and place shots with some consistency, but kids new to tennis are welcome. No class 5/23, 5/25.
Location: Live Oak Park, Tennis Courts
6 but less than 11
Instructor: Lila Brady
34649  4pm to 5pm  4/13-6/8  M
34650  4pm to 5pm  4/15-6/3  W
7 but less than 12
Instructor: Annie Lewis
34645  4pm to 5pm  4/14-6/2  Tu
34646  4pm to 5pm  4/16-6/4  Th
Location: Mira Costa High School, Tennis Courts
7 but less than 12
Res: $280 Nonres: $308 (7 Weeks)
Instructor: West Coast Tennis Academy
34942  9am - 11am  4/18-6/6  Sa

GOLD SLAM
9 but less than 15
Res: $150 Nonres: $165 (8 Weeks)
This class is designed for the intermediate player who is preparing for competitive play and wants to take their game to the next level. Players will have developed sound stroke technique, including the ability to control the ball and rally with consistency. Class instruction will focus on point play, tennis strategy, shot selection and placement, service variety and attacking at the net and increasing tennis IQ.
Instructor: Lila Brady
Location: Live Oak Park, Tennis Courts
34647  4pm to 5pm  4/14-6/2  Tu

GRAND SLAM
9 but less than 15
Res: $150 Nonres: $165 (8 Weeks)
Designed for players who have developed the basic fundamental strokes of tennis and can rally from the baseline, this class focuses on improving consistency and technique. Players will enhance their skills through drills, point play, introduction to strategy and shot selection. Emphasis will be placed on ball control, placement and serving.
Instructor: Annie Lewis
Location: Live Oak Park, Tennis Courts
34643  5pm to 6pm  4/16-6/4  Th

YOUTH TWEEN TENNIS
9 but less than 15
Res: $150 Nonres: $165 (8 Weeks)
Designed for the advanced beginner who is older elementary to middle-school aged. Players should be able to rally from the baseline and demonstrate a strong understanding of the basic fundamental strokes of tennis. We will enhance technique and ball control through interactive drills, while emphasizing game strategy, placement and serve for point play.
Instructor: Lila Brady
Location: Live Oak Park, Tennis Courts
34651  4pm to 5pm  4/16-6/4  Th

TEAM TENNIS WITH ANNIE AND LILA
10 but less than 18
Res: $210 Nonres: $231 (10 Weeks)
Includes drills and match play for intermediate and advanced players. Juniors must currently be in a Team Tennis or contact Kevin Brady at wctennis@bradycamps.com for a try-out.
Instructor: Annie Lewis & Lila Brady
Location: Live Oak Park, Tennis Courts
34628  5pm to 6pm  4/14-6/16  Tu

CONTINUE THE FUN THIS SUMMER! REGISTER FOR TENNIS SUMMER CAMPS WITH ANNIE & LILA
• TENNIS WITH LILA SUMMER CAMP
• YOUTH TENNIS CAMP
See SUMMER CAMP GUIDE for details.

www.mbparksandrec.com • (310) 802-5448
ANNUAL PASS
$14 per year
The pass is good for one calendar year from date of purchase; unlimited use as available.
Available for Juniors (15 years and under); good for free play Monday through Friday, 3pm to 5pm.
Available for Older Adults (55 years+); good for free play Monday through Friday, 7am to 9am and 2pm to 4pm

PRIVATE LESSONS
Certified USPTA tennis pros will work one-on-one with individuals seeking to advance their game of tennis. Whether you’re new to the sport or preparing for high ranked tournaments, Manhattan Beach Tennis Pros are here to guide you along the way. To schedule a private lesson, please contact a Tennis Pro.

PRIVATE INSTRUCTOR CONTACT INFORMATION
Charlie Alvarado charliealvarado@yahoo.com
Assling Bowyer Abowyer@scta.usta.com
Kevin Brady gtennis@bradycamps.com
Lila Brady lila@bradycamps.com
Forester Dean spinesync@gmail.com
Kerry Giardino kerryg3@hotmail.com
Anna Gorzowski anna.kennedy@gmail.com
Paul Hing paulhing@earthlink.net
Anne Lewis annielewis@gmail.com
Dave Mahoney dave@redondotennis.com
dennispro333@gmail.com
Dan McCormick biamore@cox.net
Brian More info@tenniscity.com
Josh Osswald dapetrie@yahoo.com
David Petrie
Rhonda Rabanal hi@rhondar.com
Bennett Slusarz bennets@tennismatrix.net
Allen Yap allen yap29@gmail.com

TENNIS FACILITIES
Live Oak Park
1901 Valley Dr.
6 lighted courts
Monday-Friday 7am to 10pm
Saturday 7am to 8pm
Sunday 7am to 5pm
Court Fee: $8 (Monday-Friday, 7am to 4pm)
$10 (Monday-Friday, 5pm to 10pm & Weekends)
For more information, please call (310) 802-5474
Manhattan Heights Park
1600 Manhattan Beach Blvd.
2 lighted courts
Monday-Friday 8am to 9pm
Saturday & Sunday 8am to 8pm
No reservations required
Mira Costa High School
Corner of Artesia Blvd. and Meadows Ave.
10 lighted courts
Monday-Thursday 5pm to 9pm
Weekends 8am to 2pm
Court Fee: $9
For more information, please call (310) 802-5484

TENNIS MATRIX
Seasonal tennis ladders & round robins held at Live Oak Park. The TennisMatrix.net Challenge Ladder was established to provide players of all abilities an opportunity to sharpen their tennis skills, build match play awareness, and meet new people along the way! Go to www.tennismatrix.net, click on Join a Ladder (top toolbar) & create your account. *Attn. Click on Bennett Slusarz as your Director at bottom of page! Please review all ladder rules. Please contact Bennett Slusarz for all ladder questions at (310) 766-2466 or bennets@tennismatrix.net

LEAGUES
Marine League hosts round robin tournaments at Live Oak Park in Spring and Summer and USTA hosts round robin tournaments at Mira Costa High School throughout the year. For more information, please call (310) 802-5474.

TENNIS 1.0
18 and up
For those who have never played tennis! Beginner level players will learn hitting systems from both sides of the body, learn how to serve, rules of the game, the scoring system and where they should stand on the court.
Res: $120 Nonres: $132 (8 Weeks)
Instructor: Dan McCormick
Location: Manhattan Heights Park, Tennis Courts
34891 9am to 10am 4/16-5/7 Th
34934 9am to 10am 5/14-6/4 Th
Res: $140 Nonres: $154 (8 Weeks)
Instructor: Dave Mahoney
Location: Manhattan Heights Park, Tennis Courts
34900 7pm to 8pm 4/16-6/4 Th
Instructor: Rhonda Rabanal
Location: Mira Costa High School, Tennis Courts
34902 5pm to 6pm 4/13-6/1 M

TENNIS 2.0
18 and up
For those who have played tennis but are still a beginner! Advanced beginner level players will learn positioning for doubles, playing at the net (volley), learn how to lob and slam, as well as consistency for both ground strokes and the serve.
Res: $120 Nonres: $132 (8 Weeks)
Instructor: Dan McCormick
Location: Manhattan Heights Park, Tennis Courts
34891 9am to 10am 4/16-5/7 Tu
34934 9am to 10am 5/14-6/4 Tu
Res: $140 Nonres: $154 (8 Weeks)
Instructor: Dave Mahoney
Location: Manhattan Heights Park, Tennis Courts
34899 6pm to 7pm 4/16-6/4 Th
Res: $140 Nonres: $154 (8 Weeks)
Instructor: Rhonda Rabanal
Location: Mira Costa High School, Tennis Courts
34902 6pm to 7pm 4/13-6/1 M
MBO TENNIS TOURNAMENT

MBO TENNIS TOURNAMENT

JULY 23-26, 2020

TOURNAMENT LOCATIONS

Live Oak Park
Mira Costa High School
Manhattan Country Club

Save the date for our 53rd Annual Manhattan Beach Open Tennis Tournament!
Interested in competing?
Check out our website for tournament details

www.citymb.info/tennistournament

SELF RATING GUIDE FOR TENNIS CLASSES NOW ONLINE!  www.citymb.info/tennis

TENNIS 3.0
18 and up
For the intermediate player. Players will learn to hit with a purpose, directional hitting, grip pressure control, the second serve and offensive for transitioning through the court.
Res: $120 Nonres: $132 (8 Weeks)
Instructor: Dan McCormick
Location: Manhattan Heights Park, Tennis Courts
34894 10am to 11am 4/16-5/7 Th
34936 10am to 11am 5/4-6/4 Th

TENNIS 3.5
18 and up
For the advanced intermediate player. Players will learn the half volley, directional control for return of serve, point construction for both singles and doubles, offense and defense as a consequence of ball altitude and second serve placement.
Res: $120 Nonres: $132 (8 Weeks)
Instructor: Dan McCormick
Location: Manhattan Heights Park, Tennis Courts
34896 10am to 11am 4/14-5/5 Tu
34937 10am to 11am 5/12-6/2 Tu

OLDER ADULTS
SENIOR INTERMEDIATE TENNIS WITH ANNIE
55 and up
Res: $100 Nonres: $110 (8 Weeks)
Join other advanced/intermediate senior players as we learn the finer points of the game. Players should be able to sustain a moderately paced rally and understand doubles positioning. No class 5/25.
Instructor: Annie Lewis
Location: Live Oak Park, Tennis Courts
34610 2pm to 3pm 4/13-6/8 M
PIERCENTRIC EVENTS MANHAPPENIN’ ALL YEAR LONG!

MARK YOUR CALENDAR FOR SUMMER EVENTS

"PIERSPECTIVE" COMMUNITY ART EXHIBITION OPENING CELEBRATION
Friday, July 17
Manhattan Beach Art Center
www.citymb.info/exhibition

6MAN BEACH VOLLEYBALL
Friday and Saturday
July 31-August 1
Registration opens May 4
www.citymb.info/6man

JR. 6MAN BEACH VOLLEYBALL
Sunday, August 2
www.citymb.info/jr6man

SAND CASTLE CONTEST
Sunday, August 2

MANHATTAN BEACH OPEN BY AVP

SUNRISE YOGA
Friday, August 14
Free
www.citymb.info/mbo

MOVIE ON THE BEACH
Friday, August 14
Free
www.citymb.info/mbo

PUMPKIN RACE
Sunday, October 25
Free
www.citymb.info/pumpkinrace

PIER LIGHTING
Wednesday, November 18
www.citymb.info/pierlighting

www.mbparksandrec.com

PHOTO: Manhattan Beach Open, circa 1980

100 YEARS
OF THE MANHATTAN BEACH PIER
1920-2020

@richardpodjr
DANCE, MUSIC AND THEATER

COMEDY IMPROV FOR OLDER ADULTS
55 and up
Taught by professionals from April’s Fools Comedy Improv Troupe, you’ll learn comedy improv in a safe, supportive and fun environment that enhances communication skills and mental agility. All levels welcome, no experience necessary.
Instructor: Doris Usui
Location: Joslyn Community Center
Res: $90 Nonres: $99 (Any 4 Weeks)
34450  3:30pm to 5:30pm  3/30-5/18  M
Res: $110 Nonres: $121 (All 8 Weeks)
34451  3:30pm to 5:30pm  3/30-5/18  M

FITNESS

ARTHITIS FOUNDATION EXERCISE PROGRAM
55 and up
$40
The Arthritis Foundation Exercise program was designed to help people with arthritis to maintain joint flexibility, muscle strength and reduce the pain and stiffness associated with arthritis. This may mean less reliance on medication. Taught by an Arthritis Foundation certified instructor who receives detailed and ongoing training to work with people with arthritis.
Instructor: Victoria Mendez
Location: Joslyn Community Center
34371  9am to 10am  5/5-7/9  Tu Th

SENIOR YOGA BEGINNING
55 and up
Res: $127 Nonres: $139 (11 Weeks)
Stretch, strengthen and soothe. A great class for those who are new to yoga, those looking for detailed guidance, and those looking to relax and take it easy. Individual modifications are provided with the option of using a chair. Please bring a yoga mat or beach towel.
Instructor: Eden Serina
Location: Manhattan Heights Park
34612  10am to 11:15am  4/14-6/23  Tu

SENIOR YOGA
55 and up
Res: $130 Nonres: $143 (10 Weeks)
Hatha yoga helps improve balance, flexibility, strength and breathing. Individual differences and abilities accommodated. Bring a yoga mat and towel.
Instructor: Eden Serina
Location: Manhattan Heights Park
34611  11am to 12:15pm  4/15-6/17  W

TAKE A RIDE ON DIAL-A-RIDE
Schedule a ride on Dial-A-Ride, a low cost door-to-door service to get to medical appointments, grocery shopping, free or low cost events at the Joslyn Community Center or Manhattan Heights Park and more!
There are event mini-bus trips and weekly Night on the Town events available through Dial-A-Ride.
See page 30 for more information.
Dial (310) 545-3500; Monday through Friday from 6:30am to 5:30pm and weekends from 8am to 5pm for a reservation. Our office is closed for lunch from 12pm to 1pm. A Dial-A-Ride dispatcher will assist you in scheduling your ride.

WHO QUALIFIES FOR A RIDE:
All Manhattan Beach residents ages 55 and over and residents of any age who have a disability are welcome to use Dial-A-Ride.

DIAL-A-RIDE is a shared-ride, curb-to-curb bus service offered by the City of Manhattan Beach for its senior and disabled citizens. All buses are specially equipped for the elderly and are wheelchair accessible. In addition, drivers provide boarding and disembarking assistance at the vehicle as needed. Fares within city limits are 25 cents one way. Fares outside of city limits (for medical appointments or special destinations) are 50 cents.

www.citymb.info/dialaride

CALL DIAL-A-RIDE!
(310) 545-3500

SENIOR YOGA BEGINNING PLUS
55 and up
Res: $127 Nonres: $139 (11 Weeks)
Stretch, strengthen and soothe. This yoga class is small step up from Senior Yoga Beginning, but still suitable for all levels. Individual modifications are provided with the option of using a chair. Please bring a yoga mat and/or towel.
Instructor: Teri Thompson
Location: Manhattan Heights Park

34613 10am to 11:15am 4/16-6/25 Th

ZUMBA GOLD
55 and up
Res: $50 Nonres: $55 (10 Weeks)
Easy to follow choreography for older adults looking for a modified Zumba class with same great music and original loved moves at a lower intensity. Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility, balance and mainly fun! No class 5/25.
Instructor: Svetlana Averbukh
Location: Joslyn Community Center

34655 11am to 11:45am 4/6-6/15 M

AGILITY, BALANCE AND COORDINATION
FREE • 55 and up - Ever felt slightly off balance with occasionally shaky ankles, or occasional unsure steps? Wondering if there is a way to improve your balance? This class may be just for you. Agility is the ability to change the direction of the body in an efficient and effective manner, requiring a combination of balance and coordination. This class will be using dumbbell weights, balance balls, ladders and cones to perform fun coordination exercises that combine eye-hand cooperation working towards greater stationary and moving body balance.
Mondays 8:30am to 9:30am
Wednesdays 9am to 10am & 3pm to 4pm
Joslyn Community Center, 1601 N. Valley Dr.
Registration required. Register at the Older Adult Program Office in the Joslyn Community Center or call (310) 802-5430 for registration information.

LIKE US ON FACEBOOK!
@mbparksandrec

Want more from @mbparksandrec?
Like us on Facebook to be the first to know about what’s MANHAPPENIN’ this Spring in Manhattan Beach!

SOUTH BAY ADULT SCHOOL
Instructor: Cynthia Svezia
Location: Joslyn Community Center
Dates, cost, registration & more information:
(310) 937-3340 or www.southbayadult.org

BASIC TECHNIQUES IN DRAWING
Learn basic drawing techniques using drawing and colored pencils, pen and ink and blending tools. Bring a 9x12 drawing pad, #2 pencil and pink or white eraser to first class. All levels welcome, especially beginners.
10am to 12pm 4/14-6/2 Tu

INTERMEDIATE DRAWING
Take your beginning drawing skills to the next level. Shading, blending, highlights, shadow, still life, landscape, atmospheric perspective, one point perspective, composition and more will be covered. If you have the following supplies please bring them to the first class: 9x12 drawing pad (50 lbs. or more), #2 pencil, pink or white eraser, kneading eraser and drawing pencils. Supplies will be discussed at first class meeting.
10am to 12pm 4/23-5/28 Th

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@mbparksandrec

Want more from @mbparksandrec?
Like us on Facebook to be the first to know about what’s MANHAPPENIN’ this Spring in Manhattan Beach!
BUS EXCURSIONS

Enjoy many interesting Bus Excursions and mini–bus trips, exploring out of area and local points of interest. Trips last from 4 to 12 hours.

Learn about the trips and more by getting on the Older Adult Program Mailing List.
Call: (310) 802–5430 to add your name.

DEPARTURE/RETURN LOCATIONS:
Joslyn Community Center
1601 N. Valley Dr.
Manhattan Heights Park
1600 Manhattan Beach Blvd.
If you cannot make it on the day of the trip, please call (310) 877–0517.
All participants must bring photo identification on all bus excursions. Please notify us if you require special accommodations.

RULES AND REGULATIONS

Excursions are in comfortable motor coaches with restroom facilities, accompanied by Parks and Recreation tour escorts. There are no assigned seats; there are two pick up locations of your choice, beginning at the Joslyn Community Center, then Manhattan Heights. If you want to sit with someone, please board the bus together. Smoking is not permitted on board.

MAGNIFICENT HORSES
55 and up
Res: $99 Nonres: $109
First stop is San Louis Rey Training Center for a guided tour. Then on to the Healing Horse Ranch to experience therapy with horses. Next stop is the Myrtle Creek Botanical Gardens and Nursery. Finally, we take the Bonsall Scenic drive to the Fresno Grill and Wine Bar for lunch. Pick up and drop off are at JCC and MHP.
34919 7am to 6:30pm 4/21 Tu

RENO & LAKE TAHOE
55 and up
Escape to the Sierras on a four-day getaway to Lake Tahoe and Reno. Three night stay at Reno’s Silver Legacy Casino Resort. Enjoy the scenery while aboard the MS Dixie II. Ride to historic Virginia City, combine these items and you’ll have a winning hand. Pick up and drop off are at JCC and MHP.
Res: $385 Nonres: $424 (Double Room)
34944 8:30am to 6pm 5/18-5/21 Tu W Th
Res: $500 Nonres: $550 (Single Room)
34943 8:30am to 6pm 5/18-5/21 Tu W Th

BIG BEAR LAKE ESCAPE
55 and up
Res: $43 Nonres: $47
Come aboard the Big Bear Queen for a delightful afternoon cruise on Big Bear Lake narrated by the boat’s captain. You’ll see beautiful waterfront cabins, the Observatory and more. Enjoy free time in Big Bear Village. There are plenty of shops, antique stores, and an old-fashioned ice cream parlor. Pick up and drop off are at JCC and MHP.
34915 7:45am to 6:30pm 6/24 W

REFUND POLICY

All refunds are subject to a $25 administration fee. Refunds after the trip deadline will be made only if your reservation can be filled from the waiting list or a person designated by you. Replacement’s name and waiver form must be in our office 24 hours prior to tour departure or, in case of a Sunday/Monday departure, no later than noon on the previous Wednesday. Due to insurance reasons, there can be no passenger substitutions on the day of the tour.
### Week 1

<table>
<thead>
<tr>
<th>Day</th>
<th>Event Details</th>
</tr>
</thead>
</table>
| MON  | 8:30am-9:30am: Agility, Balance & Coordination at JCC  
9am-12pm: Pickleball at MHP  
9:30am-12pm: Discussion Group at JCC-O  
10am-12:30pm: MB Senior Club Bingo, Business mtg, White Elephant Sale at JCC  
10am-1pm: Medicare Consultant at JCC  
10am-12:30pm: Ping Pong at LOP-SH |
| TUE  | 9am-10am: Agility, Balance & Coordination at JCC  
10am: Ping Pong at LOP-SH  
10am-12:30pm: Clouds & Rainbows Drama at JCC  
12pm-2pm: Craft Club at JCC  
1pm: Mah Jong at JCC  
3pm-4pm: Agility, Balance & Coordination at JCC  
5pm: Night on the Town through Dial-a-Ride |
| WED  | 9am-10am: Agility, Balance & Coordination at JCC  
10am-12:30pm: Ping Pong at LOP-SH  
10:15am-11:45am: Let’s Talk Woman to Woman Discussion at JCC  
12pm-2pm: Craft Club at JCC  
1pm: Mah Jong at JCC  
3pm-4pm: Agility, Balance & Coordination at JCC  
5pm: Night on the Town through Dial-a-Ride |
| THU  | 9am-12pm: Pickleball at MHP  
10am: Chess Group at JCC  
10:30am-11am: Therapy Dog  
10:30am-12:30pm: Renewal Through Art  
11:30am-1pm: Lunch Bunch 2.0 at JCC  
1pm-2pm: By Heart-Music at JCC  
1pm-2pm: Petanque at LOP-F  
1:30pm-5pm: Scrabble at JCC-O |
| FRI  | 9am-10am: Sun Style Tai Chi at JCC  
9:30am-10:30am: Bridge at JCC  
10am-11:30am: Senior Resources Committee (SRC) Monthly Meeting at MHP  
10am-12:30pm: Ping Pong at LOP-SH  
11:30am-2pm: MH Senior Club Card Games & Bingo at MHP  
1:30pm-3:30pm: The OASIS Movie Club at JCC  
4pm-5pm: Tea and Tai Chi at JCC |

### Week 2

<table>
<thead>
<tr>
<th>Day</th>
<th>Event Details</th>
</tr>
</thead>
</table>
| MON  | 8:30am-9:30am: Agility, Balance & Coordination at JCC  
9am-12pm: Pickleball at MHP  
9:30am-12pm: Discussion Group at JCC-O  
10am-12:30pm: MB Senior Club Bingo, Business mtg, White Elephant Sale at JCC  
10am-1pm: Medicare Consultant at JCC  
10am-12:30pm: Ping Pong at LOP-SH  
1pm-3:30pm: Acting Out Again at JCC |
| TUE  | 9am-10am: Agility, Balance & Coordination at JCC  
10am: Ping Pong at LOP-SH  
10am-12:30pm: Clouds & Rainbows Drama at JCC  
12pm-2pm: Craft Club at JCC  
1pm: Mah Jong at JCC  
3pm-4pm: Agility, Balance & Coordination at JCC  
5pm: Night on the Town through Dial-a-Ride |
| WED  | 9am-10am: Agility, Balance & Coordination at JCC  
10am: Ping Pong at LOP-SH  
10:15am-11:45am: Let’s Talk Woman to Woman Discussion at JCC  
12pm-2pm: Craft Club at JCC  
1pm: Mah Jong at JCC  
3pm-4pm: Agility, Balance & Coordination at JCC  
5pm: Night on the Town through Dial-a-Ride |
| THU  | 9am-12pm: Pickleball at MHP  
10am: Chess Group at JCC  
10:30am-11am: Therapy Dog  
10:30am-12:30pm: Renewal Through Art  
11:30am-1pm: Lunch Bunch 2.0 at JCC  
1pm-2pm: By Heart-Music at JCC  
1pm-2pm: Petanque at LOP-F  
1:30pm-5pm: Scrabble at JCC-O |
| FRI  | 9am-10am: Sun Style Tai Chi at JCC  
9:30am-10:30am: Bridge at JCC  
10am: Ping Pong at LOP-SH  
10am-12:30pm: Ping Pong at LOP-SH  
11:30am-2pm: MH Senior Club Business Meeting, Luncheon & Bingo at MHP  
1:30pm-3:30pm: The OASIS Movie Club at JCC  
4pm-5pm: Tea and Tai Chi at JCC |

*Joslyn (JCC), Live Oak Park (LOP), Manhattan Village (MV), Scout House (SH), OASIS (O) and Manhattan Heights Park (MHP)*

*All events are subject to change. Locations may be subject to change.*
<table>
<thead>
<tr>
<th>WEEK 3</th>
<th>WEEK 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30am-9:30am: Agility, Balance &amp; Coordination at JCC</td>
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<tr>
<td>9am-12pm: Pickleball at MHP</td>
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<tr>
<td>9:30am-12pm: Discussion Group at JCC-O</td>
<td>9:30am-12pm: Discussion Group at JCC</td>
</tr>
<tr>
<td>10am-12:30pm: MB Senior Club Bingo, Business mtg, White Elephant Sale at JCC</td>
<td>10am: Ping Pong at LOP-SH</td>
</tr>
<tr>
<td>10am-12pm: Medicare Consultant at JCC</td>
<td>1pm-3:30pm: Acting Out Again at JCC</td>
</tr>
<tr>
<td>10am: Ping Pong at LOP-SH</td>
<td>11:30am–1pm: Lunch Bunch at JCC</td>
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<tr>
<td>11:30am-1pm: Lunch Bunch at JCC</td>
<td>10:30am-12:30pm: Mindfulness at JCC</td>
</tr>
<tr>
<td>3:30pm-4:30pm: Blankets of Love at JCC</td>
<td>1:30pm–3:30pm: Poetry Reading Circle at JCC</td>
</tr>
<tr>
<td>5pm: Night on the Town through Dial-a-Ride</td>
<td>3:30pm-4:30pm: Blankets of Love at JCC</td>
</tr>
<tr>
<td>9am-10am: Agility, Balance &amp; Coordination at JCC</td>
<td>9am-10:30am: Agility, Balance &amp; Coordination at JCC</td>
</tr>
<tr>
<td>10am: Ping Pong at LOP-SH</td>
<td>10am-10:30am: Color Your World at JCC</td>
</tr>
<tr>
<td>10:15am-11:45am: Let’s Talk Woman to Woman Discussion Group at JCC</td>
<td>10am: Horseshoes at JCC</td>
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<tr>
<td>12pm-2pm: Craft Club at JCC</td>
<td>10am: Ping Pong at LOP-SH</td>
</tr>
<tr>
<td>1:30pm-3:30pm: Movie to Enlighten at JCC</td>
<td>11:30am-12:30pm: Mindfulness at JCC</td>
</tr>
<tr>
<td>1pm: Mah Jong at JCC</td>
<td>11:30am-1pm: Lunch Bunch at JCC</td>
</tr>
<tr>
<td>3pm-4pm: Agility, Balance &amp; Coordination at JCC</td>
<td>12pm-3:30pm: Poetry Reading Circle at JCC</td>
</tr>
<tr>
<td>5pm: Night on the Town through Dial-a-Ride</td>
<td>3:30pm-4:30pm: Blankets of Love at JCC</td>
</tr>
<tr>
<td>9am-12pm: Pickleball at MHP</td>
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</tr>
<tr>
<td>10am: Chess Group at JCC</td>
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</tr>
<tr>
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<td>1pm-2pm: Petanque at LOP-F</td>
<td>1pm-2pm: Petanque at LOP-F</td>
</tr>
<tr>
<td>1:30pm-5pm: Scrabble at JCC-O</td>
<td>11:30am-1pm: Lunch Bunch at JCC</td>
</tr>
<tr>
<td>9am-10am: Sun Style Tai Chi at JCC</td>
<td>130pm-3:30pm: The OASIS Movie Club at JCC</td>
</tr>
<tr>
<td>9:30am-11:30am: Bridge at JCC</td>
<td>130pm-5:30pm: Scrabble at JCC-O</td>
</tr>
<tr>
<td>10am: Ping Pong at LOP-SH</td>
<td>3:30pm-7:30pm: Your Book Club at JCC</td>
</tr>
<tr>
<td>11:30am-1pm: The OASIS Movie Club at JCC</td>
<td></td>
</tr>
<tr>
<td>4pm-5pm: Tea and Tai Chi at JCC</td>
<td></td>
</tr>
</tbody>
</table>

Joslyn (JCC), Live Oak Park (LOP), Manhattan Village (MV), Scout House (SH), OASIS (O) and Manhattan Heights Park (MHP)

All events are subject to change. Locations may be subject to change.
CITY DIRECTORY

COMMUNITY DEVELOPMENT
Main Line 310.802.5500
Fax 310.802.5501
Director 310.802.5503
Executive Secretary 310.802.5503
BUILDING DIVISION:
Building Official 310.802.5525
Secretary 310.802.5505
Code Enforcement 310.802.5538
Construction Officers 310.802.5506
310.802.5539
Inspection Requests 310.802.5542
Inspection cancellations before 8:30am on day of scheduled inspection
Permit Processing & Plan Check status Info 310.802.5536
310.802.5535
310.802.5536
Technical Plan Check Info 310.802.5527
ENVIRONMENTAL PROGRAMS:
Environmental Programs 310.802.5508
PLANNING DIVISION:
Planning & Zoning 310.802.5504
Planner on Duty 310.802.5520
TRAFFIC DIVISION:
Traffic Engineer 310.802.5522
CITY OFFICIALS AND ADMINISTRATION
Mayor 310.802.5053
City Council 310.802.5053
City Manager 310.802.5053
City Attorney 310.802.5061
City Clerk 310.802.5056
City Treasurer 310.802.5553
City Cable Liaison 310.802.5054
Comments/Suggestions 310.802.5000 x700
COMMUNITY RECREATIONAL FACILITIES AND ORGANIZATIONS
AYSO Soccer (Ages 5–18) 310.546.4106
AYSO HOTLINE www.aysol8.org
Beach Cities Health District 310.374.3426 x26
Boy Scouts–Leigh Noda 310.545.2568
Chamber of Commerce 310.545.5313
Department of Beaches 424.526.7777
Dispute Resolution Services 310.376.7007
Girl Scouts 310.450.3720
Historical Society 310.374.7575
Jr. Lifeguard 310.937.7294
Lab/Aquarium 310.379.817
Manhattan Beach Botanical Garden 310.379.4447
Manhattan Beach Country Club 310.546.5656
Manhattan Beach Library 310.545.8595
Manhattan Beach 10K Run 310.374.2397
Manhattan Beach Youth Basketball
(MBYB) (K–8) www.mbyb.clubspaces.com
Manhattan Beach Little League 310.546.1449
Marriott Municipal Golf Course 310.939.1465
Mira Costa Pony League–HOTLINE 310.379.3479
MTA–Metro Bus Information 8:00am to 6:00pm
Neighborhood Watch 310.802.5183
Hometown Fair 310.546.5219
Roundhouse Marine Studies 310.379.8171
Sister City Committee 310.374.4532
South Bay Adult School 310.937.3340
South Bay Soccer Club 310.546.9440
Unified School District 310.381.7345
VOICE 310.226.2927
POLICE
Court Liaison 310.802.5128
Community Affairs 310.802.5186
Detectives 310.802.5120
Information 310.802.5140
Fax 310.802.5107
Police Records 310.802.5152
Parking and Animal Control 310.802.5160
Traffic Control 310.802.5160
Victim’s Assistance 310.802.5185
FINANCE
Accounts Payable 310.802.5564
Ambulance Billing 310.802.5560
Business and Animal Licensing 310.802.5560
Parking Citation Information 310.802.5561
Purchasing 310.802.5568
Refuse Billing 310.802.5559
Water Billing 310.802.5559
FIRE
Fire Inspector 310.802.5206
Fire Marshal 310.802.5205
Fire Station #1 310.802.5203
Fire Station #2 310.802.5220
Fax 310.802.5201
HUMAN RESOURCES
Job Listings 310.802.5250
Employment Venification 310.802.5256
General Personnel Information 310.802.5258
Fax 310.802.5251
PUBLIC WORKS
SEWER & WATER MAIN EMERGENCIES:
8am to 4:30pm (Mon–Fri) 310.802.5304
4:30pm to 8am & Weekends 310.802.5140
Engineering 310.802.5350
Public Works Construction Projects 310.802.5353
REFUSE/RECYCLING COLLECTION:
Waste Management 310.802.7100
City Contact 310.802.5313
Refuse/Water Billing 310.802.5559
Sewer and Wastewater Info 310.802.5320
Street Maintenance 310.802.5311
Street Sweeping – Athens Services 888.336.6100
City Contact 310.802.5313
Street Use Permit Processing 310.802.5355
Water Quality 310.802.5304
Fax 310.802.5301
Engineering Fax 310.802.5351
PARKS AND RECREATION
DIRECTOR
Mark Leyman 310.802.5414
RECREATION SERVICES MANAGERS:
Jan Buike 310.802.5447
Jessica Vincent 310.802.5405
SERVICES/PROGRAMS
Cultural Arts Program 310.802.5440
Park Maintenance 310.802.5326
Dial-A-Ride 310.545.3500
Field Conditions Hotline 310.802.5454
Older Adult Programs 310.802.5430
REC Program 310.802.5419
Ceramics Program 310.802.5450
Registration 310.802.5448
FACILITIES:
Reservations 310.802.5410
Begg Pool 310.802.5428
Joslyn Community Center 310.802.5420
OASIS Room 310.802.5446
Manhattan Beach Art Center 310.802.5440
Manhattan Heights Community Center 310.802.5425
Marine Ave Park 310.802.5427
Teen Center 310.802.5426
TENNIS RESERVATIONS:
Live Oak 310.802.5474
Mira Costa 310.802.5484
TDD 310.546.3501
FAX 310.802.5001
FIRE/POLICE EMERGENCY DIAL 911
Parks are open to the public from 8am to dusk, seven days per week. Unless reserved, the picnic areas are available on a first-come, first-served basis.

For special events requiring additional City services, please call (310) 802-5403.

Within the City of Manhattan Beach there are a variety of facilities, picnic areas, a community pool and fields available for public, private, and commercial events and meetings. A fee is required to reserve City facilities.
**POLLWOG PARK**

**AMPHITHEATER**
- Capacity: 1,000
- Length of use: 2 hours min.
- Appropriate for: Performances, weddings, meetings and other large group gatherings
- No amplified sound permitted
- MC 18.48.050

**GAZEBO**
- Central Gazebo, Rose Gazebo and Pond Gazebo are available to rent separately
- Capacity: 50 per gazebo
- Length of use: 2 hours min.
- Appropriate for: Gatherings and social events

**PICNIC AREA**
- Ten different picnic areas to choose from
- Five of those areas have one table, two of those areas have two tables, and three of those areas have three tables
- Capacity: 25 people per table
- Length of use: 2 hours min.
- Appropriate for: Parties & outdoor meetings

**MAKE A RESERVATION**
- Stop by in person:
  - Monday - Thursday: 7:30am to 5:30pm
  - Friday: 7:30am to 4:30pm
- Fax reservation form: (310) 802-5401
- Mail reservation form: Parks & Recreation Dept.
  - Attn: Reservations
  - 1400 Highland Ave.
  - Manhattan Beach, CA 90266

**IMPORTANT INFORMATION**
- Bring your reservation permit with you to your event.
- All reservations must be made at least ten working days prior to the event date.
- Cancellations must be made five business days prior to reservation date in person or via email. Not all fees will be returned.
- All parties are expected to follow reservations rules and regulations.
- If rules and regulations are not followed, deposit will not be returned.
- For more reservation information, please call (310) 802-5448.

**MARINE AVENUE PARK**

**LIVE OAK PARK**
- Looking for an open space to celebrate your little one’s birthday? With beautiful weather all year long, Live Oak Park’s Tot Lot or the North End pleases children of all ages!
- Reserve the Tot Lot or the North End for your next birthday party!

**NORTH END**
- Capacity: 50
- Length of use: 2 hours min.
- Availability: 8am to dusk daily
- Appropriate for: Parties and small gatherings

**PAVILION**
- Capacity: 75
- Length of use: 2 hours min.
- Appropriate for: Parties, family reunions, gatherings and social events

**PICNIC AREA**
- Capacity: 25 per table
- Length of use: 2 hours min.
- Availability: 8am to dusk daily
- Appropriate for: Birthday parties and other children’s outings
- Amenities: Climbing wall

**OCEAN BANQUET HALL**
- Capacity: 250, dining 170
- Appropriate for: Meetings, parties and wedding receptions

**COMMERCIAL KITCHEN**
- Capacity: 10
- Appropriate for: Catering parties or events

**SURF DANCE STUDIO**
- Capacity: 30
- Appropriate for: Dance and fitness classes

**MANHATTAN HEIGHTS PARK AND COMMUNITY CENTER AMENITIES**
- 39 inch TV & DVD
- Gymnastic mats (4x8)
- Electric hot water dispenser
- Movie Screen (retractable from ceiling)
- Wireless Microphones
- Built-In PA system
- Podium
- Portable dry erase white board

**AMPHITHEATER**
- Capacity: 1,000
- Length of use: 2 hours min.
- Appropriate for: Performances, weddings, meetings and other large group gatherings
- No amplified sound permitted
- MC 18.48.050

**GAZEBO**
- Central Gazebo, Rose Gazebo and Pond Gazebo are available to rent separately
- Capacity: 50 per gazebo
- Length of use: 2 hours min.
- Appropriate for: Gatherings and social events

**PICNIC AREA**
- Ten different picnic areas to choose from
- Five of those areas have one table, two of those areas have two tables, and three of those areas have three tables
- Capacity: 25 people per table
- Length of use: 2 hours min.
- Appropriate for: Parties & outdoor meetings

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- Reserve the Tot Lot or the North End for your next birthday party!

**NORTH END**
- Capacity: 50
- Length of use: 2 hours min.
- Availability: 8am to dusk daily
- Appropriate for: Parties and small gatherings

**PAVILION**
- Capacity: 75
- Length of use: 2 hours min.
- Appropriate for: Parties, family reunions, gatherings and social events

**PICNIC AREA**
- Capacity: 25 per table
- Length of use: 2 hours min.
- Availability: 8am to dusk daily
- Appropriate for: Birthday parties and other children’s outings
- Amenities: Climbing wall

**OCEAN BANQUET HALL**
- Capacity: 250, dining 170
- Appropriate for: Meetings, parties and wedding receptions

**COMMERCIAL KITCHEN**
- Capacity: 10
- Appropriate for: Catering parties or events

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- Appropriate for: Parties & outdoor meetings

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- For more reservation information, please call (310) 802-5448.
# REGISTRATION FORM

**PLEASE PRINT ALL INFORMATION**

**MAIN CONTACT FULL Name:**

<table>
<thead>
<tr>
<th>First Name</th>
<th>Last</th>
</tr>
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</table>

**RESIDENTIAL ADDRESS:**

<table>
<thead>
<tr>
<th>Street</th>
<th>City</th>
<th>Zip</th>
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<tr>
<th>E-mail Address</th>
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☐ Yes, I agree to receive text messages. Cell service provider is:

☐ Check here if this is a new address / phone number

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<tr>
<th>Participant Name</th>
<th>DOB</th>
<th>Sex</th>
<th>Activity Number</th>
<th>Activity Title</th>
<th>Activity Fee</th>
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Please identify any special accommodations that are needed to improve the student’s experience here:

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<th>GRAND TOTAL =</th>
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**OFFICE USE ONLY:**

☐ Cash  ☐ Check–Print Check Number:

☐ Credit Card Number:

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<th>Expiration Date: Month/Year:</th>
<th>CVV:</th>
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<th>Cardholder Signature:</th>
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**RELEASE OF LIABILITY** I hereby certify that I am a participant in the above listed course conducted by the City of Manhattan Beach Parks & Recreation Department. I further certify that I am of good health, and have no physical or other impairment which would endanger me when participating in such a program. I absolve and hold harmless the City of Manhattan Beach, its employees, officers or agents from any liability which may result from my participation or that of any minor in my legal custody in the above activity. If the participant is a minor, I also give my permission for his/her participation in the above activity, and for any necessary medical treatment. I understand the City has no obligation to supervise my children at the close of the above activity, and I release the City its officers, employees and agents from any liability resulting from any lack of supervision of my children at the close of the above activity. I understand that the City has adopted a Civility Policy, which among other things requires that all interactions with other participants, instructors and staff be conducted in a respectful manner, and provides that threats of violence and loud, insulting, demeaning or offensive communication will not be tolerated. A copy of the Civility Policy is available upon request. Participants involved in Parks & Recreation programs/activities may be photographed and such photography may be used to publicize City programs/activities. City staff is not responsible for storing, administering and/or providing medications of any kind for participants in Parks and Recreation classes and activities.

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<th>Participant, Parent or Guardian Signature:</th>
<th>Date:</th>
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ONLINE
Visit www.citymb.info/registration
Pay by credit card
All online transactions incur a convenience fee

Begins at 6am online
7:30am in person at City Hall
MB Residents: March 9
Nonresidents: March 30

MAIL-IN
Pay by credit card or check.
Make checks payable to ‘City of Manhattan Beach’

Mail to:
City of Manhattan Beach
Parks & Recreation Department
ATTN: Registration
1400 Highland Ave.
Manhattan Beach, CA 90266

WALK-IN
City Hall
Parks & Recreation Department
1400 Highland Ave.
Manhattan Beach, CA

Monday-Thursday 7:30am to 5:30pm
Friday 7:30am to 4:30pm
Pay by credit card, check or cash

FAX-IN
Pay by credit card
Fax completed form to (310) 802-5401

WAYS TO REGISTER

REFUND POLICY
A full refund (including convenience fee) will be issued for any program, activity, or event that is canceled for any reason by the department.

For activities, any person requesting a refund before the start of the second class may receive a refund minus the convenience fee. For camps, any person requesting a refund 5 business days before the camp starts may receive a refund minus the convenience fee. Bus trips are not included.

Contact (310) 802-5448 for refund details.

A ‘Refund Request Form’ may be downloaded from the City’s website, picked up at City Hall in the Parks & Recreation Department during business hours, by mail or email by calling (310) 802-5448 or emailing mbparksandrec@citymb.info.

POLICIES
Nonresident registration fees may include up to a 10% additional fee. Advanced registration is required for all activities. Fees will not be prorated for late registrations. Gymnastics activities will not accept registrations after two weeks from start date. All activities, dates and fees are subject to change. Activities not reaching required enrollment may be canceled by the department. A resident is defined as an individual residing in Manhattan Beach. Acceptable proof of residence includes: government issued ID or utility bill showing current Manhattan Beach address. Must be the age specified for the activity. Proof of age may be required for all activities with an age requirement. False information regarding name, age, or address will result in being dropped from the class without refund. You may be asked for ID at the first class. No registration will be taken over the phone. When registering by mail, your name will be placed on a waiting list if the requested activity is full. You will be notified by the Parks and Recreation Department if there is an opening. If on a waiting list, do not attend the first class if you have not been notified to do so. ActiveNet requires that all activity registrations incur a convenience fee of 5% of the total charge.
Get your **FREE health screenings** and more during the 42nd annual Older Adult Health Fair! Older Adults ages 50+ will have the opportunity to visit with local and community resource providers such as Beach Cities Health District, Los Angeles County Department of Mental Health and the Alzheimer’s Association. Scheduled no-cost health screenings include (subject to change):

- Ask the Care Manager
- Anemia
- Blood Pressure
- Bone Density
- Chiropractic
- Cholesterol
- BMI
- Dermatology
- Glucose
- Hearing
- Lung Capacity
- Oral Cancer Check
- Pharmacy Review
- Vision

**Doppler Test (Stroke Screening)** available for $20 by appointment only. Call (310) 802-6177 ext. 1123

**Joslyn Community Center**

1601 N. Valley Dr. Manhattan Beach

**Free Admission** · www.citymb.info/oap · (310) 802-5430