

GROCERY STORE SENIOR HOURS

This list is ever changing and will be updated periodically

99 ONLY STORES

7am to 8am (Tuesday & Thursday)
2701 Manhattan Beach Blvd., Redondo Beach
(310) 536-9221
For seniors 65+, pregnant women, disabled with compromised immune systems.

SAFEWAY STORES (ALBERTSONS, VONS, PAVILIONS)

7am to 9am (Tuesday and Thursday)
410 Manhattan Beach Blvd., Manhattan Beach
(310) 379-3051
For “vulnerable shoppers,” including senior citizens and other at-risk populations, such as pregnant women or those with compromised immune systems. The company is also “asking customers to respect quantity limits of select, high-demand items (like hand sanitizers and household cleaners) to help ensure more of our neighbors can find the products they need.”

BIG LOTS

9am to 10am (Daily)
1207 Aviation Blvd., Redondo Beach
(310) 374-4044
All stores are reserving the first hour of each day for our senior citizens and those most vulnerable to this virus.

COSTCO

8am to 9am (Monday through Friday)
14501 Hindry Ave., Hawthorne, CA 90250
(310) 727-0403
For seniors 60+. No other guests will be admitted during that hour.

DOLLAR GENERAL

Open for the first hour 8am to 9am
1000 South La Brea Ave., Inglewood
(424) 331-0411
For seniors 60+. No other guests will be admitted during that hour. The retailer is “strongly encouraging” shoppers who are not considered high-risk to avoid visiting stores during the first hour of opening, reserving that time for seniors. Dollar General also will close all stores an hour early every day for cleaning, restocking and to give workers a bit of a break.

FISHBAR MARKETPLACE

9am to 11am (Daily)
3801 Highland Avenue, Manhattan Beach
(310) 796-0200
For seniors 55+. Option to download and email your grocery list for easy pick-up.

FOOD4LESS

7am to 7:30am (Monday, Wednesday, & Friday)
14500 Ocean Gate Avenue, Hawthorne
(310) 644-1183

GELSON'S

7am to 8am (Daily)
707 North Sepulveda Blvd., Manhattan Beach
(424) 452-0412
Home Delivery Offered or Pre-Order In-Store Pick-Up Offered
For seniors ages 65+

GROW MARKET

8am to 9am (Daily)
1830 North Sepulveda Blvd., Manhattan Beach
(310) 545-2904
Home Delivery Offered

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LAZY ACRES

6am to 7am (Daily)
2510 California Route 1, Hermosa Beach
(424) 260-1400.
For seniors 62+

MOTHER'S MARKET

7am to 8am (Wednesday Only)
1700 Rosecrans Ave., Manhattan Beach
(310) 844-6232
Seniors 60+

NORTHGATE GONZALES MARKET

7am (Daily)
3930 West Rosecrans Ave., Hawthorne, CA
90250
(310) 973-1079
For senior and disabled customers.

RALPH'S

7am to 7:30am (Daily)
2700 North Sepulveda Blvd., Manhattan Beach
(310) 546-2472
For seniors 65+ and must show ID.

SMART AND FINAL

7:30am to 8am (Daily)
1516 S Pacific Coast Hwy, Redondo Beach
(310) 540-6157
615 N Pacific Coast Hwy, Redondo Beach
(310) 372-2852
15205 Hawthorne Blvd, Lawndale
(310) 973-2355
21035 Hawthorne Blvd, Torrance
(310) 540-1848
17500 Crenshaw Blvd, Torrance
(310) 538-5329
Seniors 65+ and disabled

SUPERIOR GROCERS

7:30am to 8am (Daily)
12630 Hawthorne Blvd., Hawthorne
(424) 348-2083
1500 Crenshaw Blvd., Gardena
(310) 538-5411
11202 South Crenshaw Blvd., Inglewood
(323) 757-6012
Seniors 65+ and disabled

TARGET

7am to 8am (Wednesdays Only)
1200 N. Sepulveda Blvd., Manhattan Beach
(310) 546-5601
For "vulnerable guests," including the elderly and those with underlying health concerns. The company is encouraging others to shop outside of that time. The retailer is also enforcing limits on how many items of particularly high-demand products one shopper can buy.

TRADER JOE'S

Varies by store, but typically open for seniors 15-30 minutes earlier than the store hours of 9am
1821 Manhattan Beach Blvd., Manhattan Beach
(310) 372-1274
1800 Rosecrans Blvd., Manhattan Beach
(310) 725-9800

WALGREENS

8am to 9am (Tuesdays Only)
2400 North Sepulveda Blvd., Manhattan Beach
(424) 241-1950
Walgreens will offer hour-long senior shopping for customers aged 55+.

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WALMART

6am to 7am (Tuesdays Only) March 24 through April 28

Walmart will offer hour-long senior shopping for customers aged 60+. Check location hours before going. Walmart will be temporarily closing Auto Care Centers and imposing per-person restrictions on paper products, milk, eggs, cleaning supplies, hand sanitizer, water, diapers, wipes, formula and baby food.

WHOLE FOODS

7am to 8am (Daily)

760 South Sepulveda Blvd., El Segundo

(310) 333-1900

405 N. PCH, Redondo Beach

(310) 376-6931

For customers who are 60+ under each store's new adjusted hours. Whole Foods also says its locations will close to shoppers "up to two hours early," though they will remain open for pickup and Amazon Prime delivery.